

# AKHUWAT

A Quarterly Publication for the Faculty and Staff of the Aga Khan University

October 2003

Issue No. 52

## Dr. Mohammed Khurshid Appointed as Dean, Medical College



*Dr. Mohammed Khurshid.*

Dr. Mohammed Khurshid has been appointed Dean of the Medical College with effect from August 12, 2003 for a period of three years. Dr. Khurshid is the first Pakistani Dean of the Medical College.

Dr. Khurshid joined the Aga Khan University in 1985 as Chair, Department of Pathology and Professor of Pathology and Medicine. He was promoted as Medical Director & Associate Dean, Clinical Affairs in April 2000.

He is known for his significant contributions in the development of Haematology in Pakistan and has played a leadership role in curriculum development both at undergraduate and

postgraduate levels. For his contributions to medical education and research, Professor Dr. Mohammed Khurshid was awarded the "President's Pride of Performance" by the Government of Pakistan on March 23, 2003.

Dr. Khurshid is the elected President of the Pakistan Society of Haematology (2001-2003). He is a member of the European Haematology Association and the International Society of Haematology (Asia-Pacific Division). He was awarded Fellowship of the College of Physicians & Surgeons Pakistan in 2001 and was recently awarded Fellowship of the Royal College of Physicians, UK. We congratulate Dr. Khurshid on this well-deserved appointment. ■

## Independence Day Celebrated



*President, Shamsh Kassim-Lakha at the flag hoisting ceremony.*

In keeping with its tradition, the Aga Khan University along with the entire nation celebrated the Independence Day on August 14 this year.

The event began with the flag hoisting ceremony by Dr. Shamsh Kassim-Lakha *H.I., S.I.* President, AKU followed by the national anthem and recitation from the Holy Quran.

In his address, the President AKU defined education as means of achieving prosperity for Pakistan. He defined AKU's role in being a role model for the society. He also updated the audience about AKU's international program in East Africa and

informed them about the Examination Board and its activities.

This time, the celebrations for the Independence Day were held at a low profile due to the recent natural calamity of heavy rains and floods in the country. ■

## AKU Examination Board Established



*Her Excellency Nancy Powell, US Ambassador to Pakistan; Honorable Zobaidda Jalal, Federal Minister for Education; and Dr. Shamsh Kassim-Lakha, President AKU at the signing ceremony of Cooperative Agreement between AKU and USAID.*

The United States Agency for International Development (USAID) has signed a \$4.5 million cooperative agreement with Aga Khan University (AKU) to help AKU establish an examination board in the private sector for secondary and higher secondary education. The Ordinance establishing the Aga Khan University Examination Board (AKU-EB) was approved by the Government of Pakistan in November 2002. It provides for full credit and recognition in Pakistan for the certificates awarded by AKU-EB.

The signing ceremony held at AKU on August 13, 2003 was attended by Federal Minister for Education, Zobaidda Jalal; US Ambassador to Pakistan, Nancy Powell; USAID Country Director, Mark Ward; Chairman of AKU Board of Trustees, Ambassador Saidullah Khan Dehlavi; and AKU President, Shamsh Kassim-Lakha *H.I., S.I.*

The establishment of an examination system that offers an alternative to the examination boards in the public sector is in accordance with the government's policy to introduce an independent examining body through public-private partnership. The AKU-EB would emphasize testing of comprehension of concepts and application of knowledge with the goal of improving the quality of education in schools through examinations for the Secondary School

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## Dr. Murad Moosa Khan Appointed as Chair Department of Psychiatry



*Dr. Murad M Khan*

Dr. Murad M Khan has been appointed Chair, Department of Psychiatry effective June 1, 2003.

Dr. Murad Khan has done MBBS from Dow Medical College, Karachi in 1977 and post graduate training in Psychiatry from the United Kingdom (UK). His higher specialist training was at the Maudsley Hospital and Institute of Psychiatry,

London, UK. He was awarded Membership of the Royal College of Psychiatrists, UK in 1986 and is on the Specialist Register of the Medical Royal Colleges, UK with dual certifications in General Adult and Old Age Psychiatry. He has been with the Aga Khan University since 1988. His previous experience includes a post of consultant psychiatrist in Kent, UK.

We congratulate Dr. Murad Khan on his appointment. ■

## AKU declared the "Best Compliant Employer"



*Mr. Navroz Surani, Director, Human Resources receiving the Best Compliant Employer Award at the EOBI's first "Excellence Award" Ceremony.*

The Aga Khan University has been declared the "Best Compliant Employer" for the year 2002-2003 by the Employer's Old Age Benefits Institution (EOBI), Pakistan.

The award was presented on July 29, 2003 at the EOBI's first "Excellence Award" Ceremony held at Avari Towers Karachi. From approximately 48,000 organizations registered with EOBI all over Pakistan, AKU has been selected as the "Best Employer" for being the most efficient organization in fulfilling the requirements of EOBI registration, contribution / claims and submission of returns in a timely manner. This is a matter of great honour and pride for our Institution. ■

## Dr. Thomas Christie Appointed as Director, Aga Khan University Examination Board

Dr. Thomas Christie has joined Aga Khan University-Examination Board as Director, effective August 21, 2003.

Dr. Christie has 39 years of experience in the field of Education. He completed his MA, M.Ed from Edinburgh in 1962 and has been awarded an Honorary D.Sc from the National University of Mongolia. He has directed more than 36 externally funded research and development projects in the Centre for Formative Assessment Studies and has had a consultative role in the design of primary, secondary and tertiary examination systems on behalf of the British Government. In addition, he has worked with the Caribbean Examinations Council as a major source of curriculum and examinations expertise for 16 Caribbean countries. His last appointment was as Dean of Faculty of Education and Head of the Department of Education at the University of Manchester. The University conferred the title, Professor Emeritus on his retirement. We would like to welcome Dr. Christie to AKU. ■



*Dr. Thomas Christie.*

*Continued from Page 1 – AKU Examination Board Established*

Certificate (SSC) and Higher Secondary Certificate (HSC). The Board will offer high-quality examinations in Urdu and English to students of affiliated government schools in Federally Administered Territories and non-government schools anywhere in Pakistan at an affordable cost, based on the national curriculum. Provincial governments could also authorize their schools to opt for AKU-EB.

To achieve its objectives, the new Examination Board and AKU's Institute for Educational Development will coordinate training for the teachers of affiliated schools and preparation of learning material and texts. In the course of its work, AKU-EB will also serve the critical national function of capacity building and human resource development for educational assessment and tests.

The AKU-EB started its operations in July 2003, and expects to offer the first SSC examination by the summer of 2006 and the HSC examination by 2008. ■

## Quotable Quotes

The key to successful leadership is influence, not authority.  
-Kenneth Hartley Blanchard

Develop a passion for learning. If you do, you will never cease to grow.  
-Anthony J. D'Angelo

Failure is the opportunity to begin again more intelligently.  
-Moshe Arens

He that never changes his opinions, never corrects his mistakes, will never be wiser tomorrow than he is today.  
-Tryon Edwards ■

## Quality

Reducing extra charges by using only required number of packed cell units in Neonatal Intensive Care (NICU)



Quality Circle in NICU reduced the extra cost of packed cell from 74.3% to 3.6%. ■

Reducing Stay and Increase Utilization of D2 Oncology



Quality Circle in D2 oncology managed to reduce the patients stay from 7 hours to 4 hours resulting in an increase in services utilization from 60% to 100%. ■

## AKUH is ISO 9001:2000 Certified

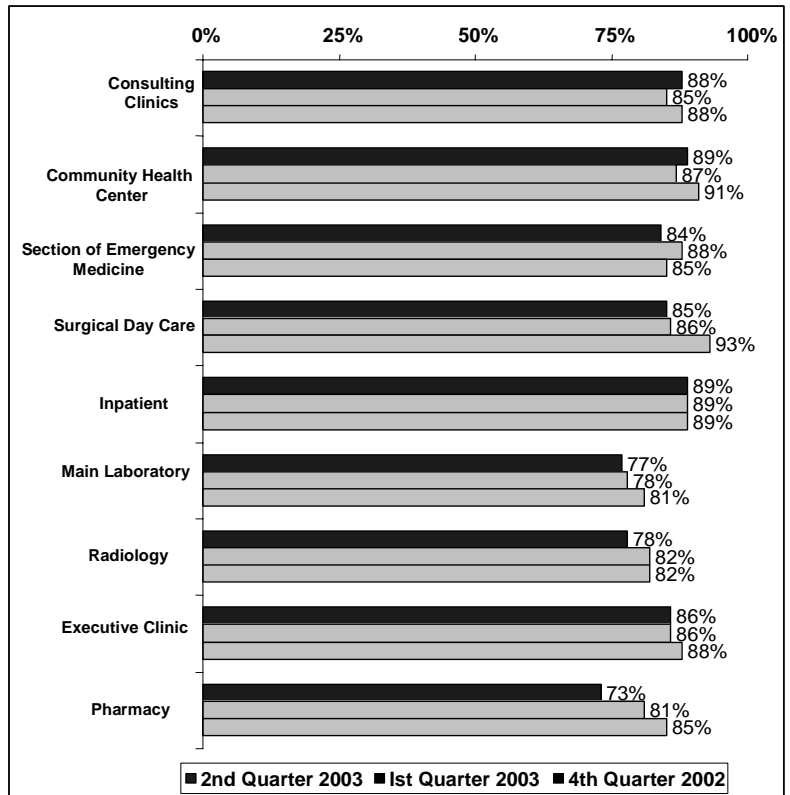
AKUH was first certified under ISO 9002:1994 in June 2000. The recertification audit was carried out on the new standard ISO 9001:2000, from July 2 to 4, 2003. All clinical and non-clinical areas of the Hospital were audited.

Overall, the audit went well and the auditors, after transition to the new standard, were impressed with the overall level of preparedness of departments. In their final report, they highlighted the strengths of AKUH, especially tremendous commitment of the top management to quality systems and constant endeavor and receptiveness to improve services. Likewise, weaknesses were also identified which included two minor non-conformities and a few observations. These represent our opportunities for improvement to enhance the level of care and services offered by AKUH.

The entire faculty and staff of AKUH is to be congratulated for a job well-done. Conformance to standards is the first step in maintaining quality. Continuously raising these standards and striving for excellence represents a target that AKUH has set for itself and will work towards in the next few years. ■

## Patient Satisfaction Survey – 2003

Average satisfaction ratings for the second quarter of 2003 against the first quarter of current year and fourth quarter of previous year are given below:



## Preparation for JCI - Training Received

A core group of three individuals, Dr. Abul Faizi, Ms. Shaheena Bhatti and Mr. Parvez Patel recently attended the Joint Commission's International Practicum on Quality Improvement and Accreditation in Chicago, USA to acquire practical knowledge and skills for health care quality evaluation, management, and improvement based on global strategies for local implementation. The participants at the Practicum included health care managers and care providers, quality experts, and other health care leaders preparing for JCI accreditation, who came from all over the world, i.e. Brazil, Czech Republic, Denmark, Italy, Korea, Norway, Pakistan, People's Republic of China, Saudi Arabia, Singapore, Spain, Switzerland, Turkey, and UAE.



Dr. Abul Faizi, Ms. Shaheena Bhatti, and Mr. Parvez Patel with JCI Consultants, at the Joint Commission Headquarters in Chicago, USA.

This gave our group the opportunity to learn about Joint Commission's current activities in quality improvement and safety-related strategies; discuss emerging leading edge issues in health care; and share experiences with representatives from around the world.

The first two days of the conference comprised of

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# Face to Face with

## Mr. Naseem - uz - Zaman Siddiqui, Director, Information Technology



**How would you describe yourself?**

A simple and private person who likes to continue to endeavor to find and discover true meaning and purpose in life.

**Most notable achievements to date:**

It is difficult to classify any of my own achievements as notable or extra-ordinary. One's sense of achievement also changes with time as one progresses in life. However, as I look back some events do stand out more than the others:

My first professional achievement was when I got recruited by a leading US Computer firm even before I officially graduated as an engineer. This event is of special significance as it gave a special sense of pride and happiness to my parents.

Several years later it was while working in a small but very specialized software firm where I developed special systems level software for that company. As a young software developer it gave me an immense sense of achievement to see my software work successfully in real life – It was like an artist selling his first painting.

During my long professional life at AKU, coming out of many challenges gave me a sense of pride and accomplishment. First, when I successfully managed the void developed due to the departure of Expatriate IS team in 1987-88 and built, developed and led the first young “all Pakistani” IS Team to implement the comprehensive five year IS Plan at AKU at a time when many people were skeptical about its viability as well as our ability to execute it.

Second, when I along with my team, managed to attract the best talent from the market for AKU-IS. We brought in many extraordinary committed individuals who contributed immensely to the development of IS at AKU.

**Hobbies:**

Poetry, general reading, channel surfing.

**Favorite Food:**

Not particularly fond of food. Well cooked simple eastern food – from “bhagri hoi dal” to shami kabab to koftas and pasindas; (I loved and miss the pasindas that my mother used to cook).

Another IT project that had a tremendous AKU-wide impact was developing the Network Infrastructure or “Wiring of AKU Campus”. It was a challenging project and its successful conceptualization, planning and execution gave me a special sense of achievement.

**Strengths?**

Patience, perseverance and flexibility.

**Weaknesses?**

According to my wife – tendency to fall asleep while watching a good TV programme.

**Professional goal:**

I have been fortunate to have achieved the IT leadership position in an institution like AKU. I strongly believe that tremendous progress in information and communication technologies will continue to significantly, if not radically, impact the way the academic and higher education institutions operate and function. As a result, our future academic and business strategies to achieve our vision and mission would also change significantly. It is my professional goal to play a partnership role and further contribute, to the best of my abilities, in the development and execution of future academic and business strategies.

**Personal goal:**

To be the best I can be in all spheres of my life. To lead a balanced life.

**The one talent I wish I had:**

Ability to write poetry. Also, I have always wanted to excel in sports – especially racquet sports. *“Hazaron Khawahishain Aisee Ke Her Khawahish Pe Dam Nikley”.*

**Family:**

My wife Nermeen, sons Nadir (17) and Usman (14) and daughter Anum (5). I come from a family of ten, five brothers and five sisters. I guess my parents strongly believed in gender equity.

**Your philosophy in life is:**

Do good unto others regardless what they do unto you. It ultimately boils down to faith. It is my philosophy, rather belief that strong faith is essential and pre-requisite for everything else in life – I feel that we get so involved in our material life that we tilt the balance one way and fail to pay enough attention to spiritual aspect of our life.

**What do you fear the most?**

Being tested beyond my endurance by God – not being granted enough time to fulfill all my responsibilities.

**If one were to ask your spouse to describe you in a sentence what would he/she say?**

I did ask her and she said: A very caring person with a tendency to be too idealistic at times (she is obviously very fond of me).

**Can't help laughing when:**

When I hear a good joke – a witty remark.

**What upsets you?**

Dishonesty and hypocrisy.

**Can't say no to:**

Someone's genuine request which I can fulfill.

**Views on Pakistan:**

I feel that, as Pakistanis, most of us have not given back enough to our country.

**Best moments of your life:**

When I have made my parents happy and given them comfort or satisfaction. The birth of my third child, a daughter after two sons.

**What gives you the greatest pleasure?**

Resolution of difficult problems through creative or innovative means and relaxed time with family and close friends.

**What motivates / inspires you?**

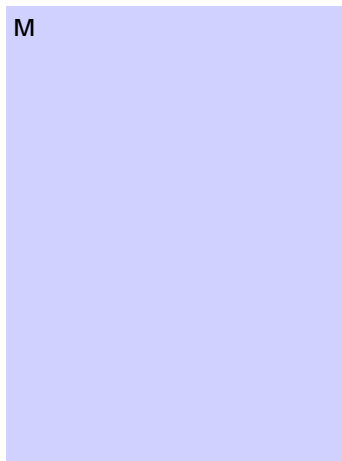
Lives of great people –especially those who showed great strength of character.

**What do you really like about AKU?**

What I like about AKU is its professional environment and the concept and mission that “we can do it here” i.e. ‘excellence’ can be achieved here in Pakistan. AKU's leadership has always shown a great commitment to this and provided us an opportunity to live this dream.

**Your experience as Director IT?**

A challenging position that I thoroughly enjoy. The professional AKU environment makes my job very stimulating. I am fortunate to work with and lead a highly, talented and committed team. ■



## Department Profile — Professional Development Centre, Northern Areas

The Professional Development Centre, Northern Pakistan (PDCN) is a collaborative partnership between the Aga Khan Education Service, Pakistan (AKES, P) and the Aga Khan University – Institute for Educational Development (AKU-IED). It was developed with generous support from the European Commission and the Aga Khan Foundation.

The PDCN was established in 1999 with the objective to improve the quality of education in the North through the professional development of teachers. It is the first of its kind in the region and plays an important role in providing professional assistance to teachers. It is built with the principles developed and tested through the first PDC of the AKU-IED established in Karachi in July 1993. ■



### Core Function of PDCN

The core function of the PDCN is to provide professional development of teachers who are already in service. Key supporting functions include management training for school heads and middle and senior educational manager, curriculum development and research. The PDCN is a focal point for research and related activities to draw conclusion about the effectiveness of the models and formulae tested for teacher training, for revision of curricula and assessment practices, for establishing modes and primary focus for community involvement in schools and in recommending appropriate follow on action. ■

### The Principal Aim of the PDCN is

- To provide high quality classroom-based training to teacher educators who will subsequently train teachers at or as close as possible to the schools in which the trainees teach;
- To train educational managers and instructional leaders for effective decision-making, planning and implementation;
- To conduct and guide research on practice and policy that affect different types of curriculum and resource materials, modes of testing and assessment, teaching skills and strategies and the impact of alternative educational delivery models; and
- To provide a source of inspiration, expertise and support to develop educational innovations and to strengthen the quality of educational services in the North. ■

### Physical Facilities

Inaugurated by His Highness The Aga Khan on October 19, 2000 a custom built PDCN facility is located on Konodass Road, Gilgit in the vicinity of the Shah Karim Hostel and the AKES,P Education Office in Gilgit. The construction of PDCN which was completed in early 2002 is a 26,500 square feet facility and is spread over 32 kanals 7 marlas (about 3.5 acres). The five buildings of the PDCN comprise of an academic block; dormitories for trainees; faculty residences; and the academic development unit. The academic block has classrooms, group rooms, a research room, a conference room, faculty offices and an information and media resource centre. PDCN has facility for housing 40 trainees and seven faculty members. Facilities for central computer networking and internet are also available. ■

### Other Activities

Other activities of PDCN include a monthly Forum for educationalists in Northern areas where topics of general interest are discussed. PDCN also supports a Professional Women's Support Group as it believes in the importance of organizing awareness programmes for teachers. ■

### Programmes at PDCN

**Whole School Improvement Program:** After the deliberations at the Stakeholder Conference held in June 1999, it was agreed that the PDCN should initiate the process of Whole School Improvement Program (WSIP). WSI is an approach to enhance the quality of teaching, learning and student outcomes, which enable the external motivator – a Professional Development Teacher (PDT) in this instance – to focus on a school as a learning organization and a community of practice. This approach helps the PDTs to be involved in all aspects of school life, which impinge on student learning.

This programme has a school-based focus for a period of at least one school year, followed by less intensive support in the second and third year. This support is provided by the PDTs. Keeping in mind the realities of classrooms and the knowledge base and beliefs of teachers, the PDTs are expected to help teachers maximize the available human and material resources to improve the quality of teaching and learning. Additionally, a workshop is held every week to enhance teachers' professional knowledge. The WSIP is not only designed as a vehicle for implementing effective practices but also as a research tool for examining the project school's own effectiveness systems which manage these schools. ■

**Research** is built into the WSIP. A number of studies are ongoing in collaboration with the AKU-IED.

**Certificate in Education (Educational Leadership and Management) Programme:** This programme is conducted in collaboration with the AKU-IED. It targets heads of schools participating in the WSIP. School heads from other potential WSIP schools also participate in the programme.

**Other programmes:** PDCN also conducts shorter management courses for key education officers in the North. These include College Principals, Deputy Inspectors and Deputy Directors of Education. Each course is tailor-made. With support from AKU-IED, the PDCN has also conducted Cert.Ed. (Social Studies) for teachers of the government systems, AKES,P and NGOs. ■

## Happenings

### Breast Feeding Day Celebrated at AKU



*Celebration of International Breast Feeding Day at AKU.*

Aga Khan University Hospital celebrated International Breast Feeding Day on August 7, 2003. The event was organized by the Department of Pediatric, Out-Patient Services and Nursing Services. The theme of the event was "Breast Feeding In a Globalize World for Peace and Justice"

Approximately 350 people visited the stalls, where nurses and doctors were available to answer breast-feeding queries of mothers and family members. Other activities included public awareness through quiz, games and poster competition. Moreover, mothers who had exclusively breast fed their babies shared their experiences.

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### New Academic Administration at AKU-IED

To address the increasing academic administration workload at AKU-IED, a new functional area 'Academic Administration' has been initiated at AKU-IED. This will enable capacity building, promote efficiency and further strengthen the development of policies and procedures, not only allowing the academic and programme heads to concentrate on their core business activities but also ensure the best possible delivery of support services to the academic community, i.e. students and faculty. The existing Programme Office has merged into this enhanced functional area, which will handle student affairs (including student support), student records and logistics.

Two separate Heads of Programmes have been replaced with one position of the Head of Programmes; to complement that with a Head of Academic and Student Affairs and to retain the position of Head, Research and Policy Studies. The Head, Programmes is being assisted by three coordinators—for Masters, Certificate and Advanced Diploma programmes, whilst a PhD Programme Coordinator will continue to report to the Director, AKU-IED. The following appointments have been made for the positions of Heads and Coordinators:

- Dr.Muhammad Memon, Professor and Head of Programmes;
- Dr.Bernadette Louise Dean, Assistant Professor and Head, Academic and Student Affairs;
- Dr.Nelofer Halai, Associate Professor and Coordinator, (upcoming) Doctoral Programme;
- Dr.Shahzad Mithani, Senior Instructor and Coordinator, Master of Education;
- Dr.Harcharan Pardhan, Assistant Professor and Coordinator, Advanced Diploma in Education; and
- Ms.Jane Rariya, Senior Instructor and Coordinator, Certificate in Education. ■

### Dinner for the AKU Hospitality Committee



*Some guests at the dinner.*

To appreciate the services of the members of the Aga Khan University Hospitality Committee, a dinner was hosted by Mr. and Mrs. Shamsh Kassim-Lakha on Tuesday August 19, 2003 in the serene environment of the AKU Sports and Rehabilitation Centre.

This Volunteer committee has been assisting AKU since 1994 to look after overseas donors and other guests of the University visiting Karachi to attend AKU Convocations and other donor events. The assistance provided by these volunteers includes airport facilitation; hotel accommodation and reception; transport, food and entertainment, managing the database of guests, etc. ■

### The Khimji Building

With the overwhelming demand for cardiac services the construction of the Khimji Building is not less than a blessing. Cardiac ailments remain the most important killer of mankind and coronary artery diseases in particular claim more lives than any other disease.

The Khimji building which has been built with a donation of US \$3 M by the Khimji family of Canada consists of a ground floor with 16 high tech coronary care rooms which will double the present number of patients admitted in this area. The first floor with 3 state-of-the-art operating rooms and recovery areas will accommodate approximately 1000 open heart cases per year. The second floor locker and personnel lounges will provide facilities to the existing and extra staff needed to run the operating rooms. The building also houses on-call doctors' rooms. There are also 2 dedicated tutorial rooms which will enhance the educational activities. This high tech building with facilities for audiovisual aids, networking and telemedicine will prove its worth in the years to come. Besides functionality the building carries an aesthetic appeal which is a hallmark of all buildings of AKU campuses. ■



*First Open Heart Surgery in progress at the Khimji Building*

Send your contributions for AKHUWAT to Novera Shamim, Training & Organizational Development Department. E-mail: [novera.shamim@aku.edu](mailto:novera.shamim@aku.edu)— Phone : 6347611— Ext : 122

Issue	Deadline	Issue	Deadline
January	Nov 15	July	May 15
April	Feb 15	October	Aug 15 ■

## Proud to Announce

### Environment Friendly Initiatives Lead to Savings in Cost of Fuel

On the President's directive for the use of CNG for promoting the National Cause for a Cleaner Environment, the **Transport Department** initiated the installation of CNG in the year 2001 in a few cars. To promote the cause further, the installation of CNG was taken up as a goal in the form of a project for the year 2002. This initiative led to a savings of Rs.360,000 with the use of CNG gas in place of petrol on 17 cars.

To keep up the campaign for a cleaner environment, the installation target of 2003 has also been achieved ahead of time. A savings of Rs. 330,000 has been reported on 26 cars over the first 7 months of 2003. This will now remain as one of the projects under Continuous Quality Improvement. This initiative has been successful due to the efforts of Mr. Zulfiqar S. Mithani, Senior Transport Officer II, and Mr. Mehdi Noorali Daya, Transport Supervisor. The Transport Department has indeed gathered some experience in the matter of use of CNG. It is requested that faculty and staff should also join hands in this campaign which will not only help the national cause but also achieve practical savings for the user to an extent of 40 to 55 % on their total fuel expenses. ■

### Physiotherapy Services, Lends Hand to the Federal Public Services Commission

The Federal Public services commission invited technical members from various institutions for the selection of Grade 17, Physiotherapists for JPMC and Directorate of Special Education Government of Pakistan. Mr. Nasrullah Shaikh, Manager, Physiotherapy Services was seconded to meet the need of Government sector in keeping with traditions at AKU. ■

### AKU-IED Faculty and Staff Appreciation Evening

In recognition and appreciation of the hard work and efforts by the faculty and staff during the years, a faculty and staff appreciation evening was held on September 6, 2003 as part of the AKU-IED 10<sup>th</sup> anniversary celebrations.

The dinner and musical show was held at the Karimabad campus where all staff and faculty were invited along with their spouses. Dr. Sadrudin Pardhan, Professor and Director for Outreach Programmes, IED congratulated everyone on AKU-IED's 10th anniversary and appreciated the commitment and hard work of all faculty and staff. The evening ended with fun filled entertainment followed by dinner. ■

## Professional Development

**Dr. Masood Umer**, Senior Instructor, Orthopedics, Department of Surgery completed a six-week fellowship in limb lengthening and deformity correction from Kurgan, Russia in July-August 2003.

**Dr Anwar-ul-Hassan Gilani**, Professor of Pharmacology, Department of Biological and Biomedical Sciences participated as WHO Consultant on Traditional Medicine in the "International Meeting on Global Atlas of Traditional Medicine" in Kobe, Japan on June 17-19, 2003.

**Mr. Abdul Latif Sheikh**, Director, Pharmacy, Nutrition & CSSD Services presented two papers on "the Outcome of a Ceftriaxone/Cefotaxime interchange programme in a teaching hospital" and "Enhancement of rational medication use by physician order entry system" at the 63<sup>rd</sup> FIP (Federation of International Pharmaceutics) World Congress of Pharmacy and Pharmaceutical Sciences in Sydney, Australia on September 4, 2003. The theme of the congress was "Developing a new contract between Pharmacy and Society".

**Syed Shamim Raza**, Senior Pharmacist, Department of Pharmacy Services presented two papers on "Managing inappropriate Vancomycin usage by hospital published guidelines" and "Cost impact and clinical benefits of a multidisciplinary team in a coronary care unit" at the 63<sup>rd</sup> FIP World Congress of Pharmacy and Pharmaceutical Sciences in Sydney, Australia held on September 4, 2003. He is the only individual from Pakistan who received this year's FIP international travel scholarship. ■

## Congratulations to...

**Dr. Sarah Saleem**, Senior Instructor, Department of Community Health Sciences has been awarded the General W.A Burki Gold Medal for securing the highest marks in FCPS-II examination in the year 2002.

**Dr. Moladad Mohammad Shafa**, Senior Instructor, AKU-IED for completing his doctoral studies from the Ontario Institute for Studies in Education, University of Toronto, in June 2003. The title of his Ph.D. thesis was "Understanding of Head Teachers School Improvement Challenges in the Northern Areas of Pakistan."

**Ms. Talat Azad**, AKU-IED for successfully completing an on-line Certificate Course titled 'International Development with People with Disabilities in Developing Countries' offered by the Gallaudet University, Washington D.C., USA, from January 22 to May 10, 2003.

**Mr. Sohail Saleem Mithani**, Manager, Internal Audit and **Ms. Anila Lalani**, Senior Audit Officer, for passing their Certified Information Systems Auditor (CISA) examination from Information Systems Audit and Control Association, USA.

**Mr. Amir Rajani**, Assistant Manager, Health Information Management Services, **Mr. Muhammad Akbar Khan**, Assistant Manager, Safety Administration, **Mr. Sohail Ally Baloch**, Senior Unit Coordinator II, Outpatient, Diagnostic and Offsite Services, **Mr. Shamsuddin Fidai**, Materials Management and **Mr. Amanullah Inayat Ali**, Senior Audit Officer II, Internal Audit, for passing their Lead Auditor Course arranged by SGS.

**Mr. Amin A. Rajani**, Charge Radiographer, Department of Radiology for securing first position in the sixth Certified Quality Professional course organized by Pakistan Institute of Quality Control in collaboration with NED University of Engineering & Technology.

**Mr. Kamal Shahbuddin**, Senior Audit Officer II, Internal Audit for passing the Certified Internal Auditor (CIA) examination from Institute of Internal Auditors, USA.

**Mr. Alnoor Budhwani**, Programme Officer, AKU-IED, for successfully passing his IRCA (International Register of Certified Auditors, UK) Registered Lead Auditor Course - ISO 9001:2000.

**Mr. Mehdi Noorali Daya**, Transport Supervisor, Transport Department for completing his Post Graduate Diploma in Transport from University of Karachi and securing the 1<sup>st</sup> Division.

**Mr. Zulfiqar Saleem Mithani**, Senior Transport Officer II, Transport Department for completing his Masters in Business Administration (MBA) in Human Resources with a GPA of 3.60. ■

## Human Resource Development Opportunities - October to December 2003

### Training & Organizational Development

Sr.	Name of the Programme	Date
1	General Orientation Programme - English	October 09 October 20 November 20 December 11 December 23
2	General Orientation Programme – Urdu	October 16 November 13 December 16
3	Advance Cardiac Life Support (ACLS)	December 01-03
4	Secretaries' Forum	October 08
5	ACLS Refresher	December 30
6	Interns Residents Orientation Programme	October 21-23
7	Get Acquainted to Medical Terminologies	December 17
8	Manage Your Time Effectively (Urdu)	December 31
9	How to Conduct Performance Appraisals	October 01
10	Goal Setting	December 08
11	Skills for Successful Secretaries	December 22
12	Interviewing Skills	October 15
13	7 Habits of Highly Effective People	October 07
14	Anxiety Management	October 03
15	Petty Cash Handling	October 13
16	Lunch & Learn	October 14 December 09
17	Quality Grand Round	October 02 December 04 December 18

### Information Services Department

Sr	Name of the Programme	Dates
1	Basic Computer Skills & MS Office	October 06 - 10 November 03 -07 December 01 - 05
2	Microsoft Word	October 13 -16 November 10 -13 December 08 - 11
3	Microsoft Excel	October 06 -09 November 17 - 20 December 15 - 18
4	Microsoft PowerPoint	October 20 - 22 November 17 - 19 December 01 - 03
5	Microsoft Outlook	November 03 -0 4 December 18 - 19
6	Microsoft Office	October 13 - 17 November 10 - 14 December 08 - 12
7	Advanced Word	October 27 - 28 November 20 - 21
8	Advanced Excel	October 29 - 30 December 04 - 05
9	Advanced PowerPoint	October 02 - 03 November 24 - 25 December 29 - 30
10	Advanced Microsoft Office	October 20 - 24 December 22 - 26
11	Web Page Development	October 27 - 29 November 24 - 26 December 22 - 24
12	Internet	October 02 - 03 November 05 -06 December 25 - 26

*Continued from the Information Services Department*

Sr.	Name of the Programme	Dates
13	COI	October 01 November 21 December 31
14	SPSS	October 23 - 24 December 16 - 17
15	EPI	October 30 - 31 December 29 - 30

### Nursing Education Services Department

Sr.	Name of the Programme	Month
1	AKUSON Orientation	October
2	CCT Course	November
3	BScN Orientation	October
4	I/V Cannulation	November
5	Medication Re-certification	October December
6	I/V Conscious Sedation	December
7	Team Leader Development Workshop	November
8	Critical Care Nursing Workshop	December
9	Selling Yourself	October
10	Communication Skills (for Service Coordinators)	December
11	Negotiation Skills	December
12	Communication Skills (for all caregivers)	October
13	Stress Management	November
14	Teamwork	December
15	Body Mechanics	November
16	Dealing with Death & Dying	December
17	Pharmacy Session	October December
18	Patient Education	November
19	Laboratory Sessions	October
20	Radiology Sessions	November
21	Safety & Security Sessions	December
22	Maintenance Department Sessions	October
23	Caring	December
24	Case Presentation	November
25	Nursing Ethics Grand Rounds	November
26	Quiz Competition	December
27	Professional Attributes: Public Image of Nursing	November
28	Documentation: Nurses notes	October

### Centre of English Language

Sr.	Name of the Programme	Date
1	Oral Communication Level 3	October 02 - Nov 04
2	Writing course for Non-Management Staff	October 15 - Nov 17
3	Interviewing Skills for Middle Management	October 28 - 29



## HRD Initiatives

### CQI Facilitation and Tools Training



Participants of the 14th CQI Facilitation and Tools Training

The Human Resource Division's Training & Organizational Development Department organized the 14th CQI Facilitation and Tools Training Programme from September 17 to September 19, 2003. Ever since its initiation in 1994, this programme has been running successfully twice a year, training facilitators who continue to provide leadership and direction to Quality Circles, Quality Improvement Teams, and quality enhancements in their respective areas. The total of 31 participants were certified in the ceremony, bringing the total number of trained facilitators to 396. ■

### AKU-IED holds an International Conference on Education

Aga Khan University Institute for Educational Development (AKU-IED) held a three-day international conference on education from August 28 to 30, 2003, on the occasion of its 10<sup>th</sup> founding anniversary. Dr. Shamsh Kassim-Lakha, President, AKU, was the chief guest at the inaugural session, at the Aga Khan University auditorium. The keynote address was delivered by Ms. Shehnaz Wazir Ali of the Pakistan Centre for Philanthropy.

The conference titled "Impact: Making a Difference" invited prominent educationists, academicians and M.Ed. graduates of AKU-IED from diverse regions (Bangladesh, Central Asia, East Africa and Pakistan).

The second and third day sessions were held at the AKU-IED in Karimabad, consisting mainly of group presentations and a plenary session. Most significantly, the conference also provided a venue for the launch and establishment of the Professional Development Teacher (PDT) Association. ■

#### Quote

The man who said he never had a chance, never took a chance.  
Unknown

### Second Research Ethics Symposium

The Ethical Review Committee organized the Second Research Ethics Symposium and workshop for local researchers and ethical committee members and the Bioethics Group of Aga Khan University. An international faculty had been invited to give talks and conduct small group sessions in the workshop. Several Aga Khan University faculty also contributed to the talks.

Amongst the 200 participants that attended the symposium, one third were from institutions outside AKU. The event began on August 14, 2003 with a pre-symposium workshop. The symposium began on August 15 followed by a two-day workshop. The formal inaugural speech was given by Dr. Shamsh Kassim-Lakha, President of AKU. This was followed by the keynote address by Dr. Carel B. Jsselmuiden, Director of the South African Research Ethics Training Initiative, University of Pretoria, on: Research Ethics and the Developing World: Where To?

18 talks included in the four sessions revolved around the themes of Ethics and Equity, Informed Consent, Standards of Care and Ethical Review Process. Each session began with a short introduction followed by talks and a question and answer session. University Research Council of the Aga Khan University, the Welcome Trust and Pakistan Telecommunication Corporation Ltd, Research and Development Fund funded this event. ■

### Workshop on Perfusion

Nursing and Bio-medical Department arranged a workshop on perfusion, titled "Heart Lung Machine and Latest Technology in Perfusion". The workshop was well attended by AKU staff and the perfusionists from NICVD, Ziauddin Medical University Hospital, Patel Hospital, Liaquat National Hospital and Civil Hospital, Karachi. This workshop included practical demonstration on new heart lung machine, Bio medicus pump, blood cell saver in addition to plenary session, lectures and free papers. The cardiothoracic surgeons of the AKU fully participated and delivered lectures on various aspect of perfusion. The credit goes to AKU for arranging such a successful workshop on a National Level, especially to Syed Nusrat H. Rizvi, Chief Cardiac Perfusionist, for doing an excellent job in organizing this event. The guest speaker of the workshop was Dr. Akhtar Hussain from NICVD. He appreciated the perfusionists of AKUH. We hope that this will give us the necessary impetus for working towards a more structured training programme and for the certification of the trainee perfusionists. ■

### English and Higher Education: Future Directions

The Centre of English Language (CEL) hosted its second international seminar on August 16 & 17, 2003. The theme of CEL Seminar 2003 was *English in Higher Education: Future Directions*. The Chief Guest, Dr. Mutawakkil Kazi, Chief Secretary of Sindh, expressed the government's commitment to modernizing the educational set-up, taking AKU as a model in this regard. He saw the seminar as a beginning of the association between AKU and the government of Sindh and extended his support to such academic endeavours.

In his welcome speech, Dr. Shamsh Kassim-Lakha, President, AKU complimented the faculty and staff of CEL for establishing credibility of AKU in the field of English language teaching. Among others who spoke on the occasion were Dr. David Taylor, Acting Provost, AKU; Mr. Charles Walker, Director, British Council Karachi; and Dr. Sabiha Mansoor, Associate Professor & Head, CEL. The keynote speaker for the seminar was Dr. Hilary Nesi from the University of Warwick, UK. She highlighted the ways in which introduction of Information Technology has altered the study habits and learning needs of the students.

The seminar was attended by a large number of participants from different areas of Pakistan. Speakers included prominent educationists and ELT experts from UK, UAE, Jordan, Bangladesh, Saudi Arabia, as well as Pakistan. In the concluding session, Dr. Mohammed Khurshid, Dean, Medical College, AKU, presented souvenirs and certificates to plenary and keynote speakers. Ms. Ameena Saiyid, Managing Director, Oxford University Press also spoke on the occasion. Talking about CEL-OUP collaboration, she announced the publication of *Language Policy, Planning, and Practice: A South Asian Perspective*, forthcoming collection of papers presented at first CEL Seminar in 2001. ■

## International Campuses

### A Dynamic and Diverse Faculty at AKU-ISMC

The Aga Khan University – Institute for the Study of Muslim Civilisations (AKU-ISMC), still in its infancy, is continuing to build its team of qualified and diverse international faculty. During 2003, AKU-ISMC has recruited 2 faculty members, one originally from Pakistan and one from Tunis.



*Dr. Moncef Ben Abdeljelil*

Dr. Moncef Ben Abdeljelil joined AKU-ISMC as an Associate Professor in August 2003.

Dr. Moncef Ben Abdeljelil has been a Professor of Islamic Thought and Arabic Civilisations since 1997. He has a range of teaching and work experience and has made

significant contributions to the reform of the education system in Tunis. In particular, he has helped to reform primary and secondary schools while in his capacity as Counselor to the Minister of Education. Dr. Ben Abdeljelil also spent several years with the Ministry working to reform the Religious and Islamic Studies programme at Zaytuna University. He has published a book titled, *The Marginal Sect in Islam* (1999), written in several journals and is a regular presenter at conferences. His areas of interest include literature and languages, philosophy and religious studies. Dr. Ben Abdeljelil will be a lead member of the faculty team developing educational programmes at the AKU-ISMC. ■

Mr. Farid Punjwani joined AKU-ISMC as a Senior Instructor in February 2003.

Mr. Punjwani has an MBA and an MA in Education and International Development. He has a range of teaching, training and work experience in the fields of Islamic Studies, Education

and Management with a particular interest in the educational and social issues facing modern societies. Much of his recent experience stems from hands-on research and reflects his work in the areas of curriculum development and teacher education. Mr. Punjwani regularly presents at national and international conferences in the fields of education and philosophy and on contemporary issues facing Muslim societies. Previously associated with The Institute of Ismaili Studies as an Education Officer working on an international curriculum about the history and culture of Muslim societies, Mr. Punjwani is presently pursuing a doctorate in the philosophy of education at Oxford University. ■



*Mr. Farid Punjwani*

### Dr. Laetitia King Appointed as Professor and Regional Director, Advanced Nursing Studies



*Dr. Laetitia King*

Dr. Laetitia King has joined AKU as Professor and Regional Director, Advanced Nursing Studies (ANS) Programme, AKU East Africa, effective June 01, 2003.

Dr. King has a Doctorate of Literature and Philosophy in Nursing Sciences and a Master of Arts Curatoris degree with distinction from the University of South Africa (UNISA). She also has a Diploma in General Nursing from BG Alexander College of Nursing, Johannesburg, a Diploma in Midwifery from Peninsula Maternity College, Cape Town and a

Diploma in Nursing Education from the University of Witwatersrand, Johannesburg. She has carried out research activities in various areas of Health and Nursing and has presented papers in numerous International Conferences. She brings with her more than 25 years of experience in Nursing management and teaching. Her last appointment was as Professor and Head, Department of Advanced Nursing Sciences, UNISA. We welcome Dr. King to AKU and wish her success. ■

Dr. Shaheen Sayed M u h a m m e d , Histopathologist, AKU-Nairobi and Mr. Sam Dianga, H i s t o / C y t o -technologist, AKU Nairobi, were on a one-month training programme at Histopathology section of the Clinical Laboratories from July

26 to August 26, 2003. The training imparted to them was of high quality and proved to be extremely fruitful for them. They hope to go back and set up their own immunohistochemistry section under the continued support and guidance of Histopathology Section of Clinical Laboratory of AKUH. ■



*Guests from AKU Nairobi*

### On-the Job Training Opportunities for Guests from AKU-Nairobi

#### Quote

The distance a person goes is not important as the direction.

- Author Unknown

## Sports Update

### Inter – Department Tape Ball Cricket Tournament 2003



*Clinical Laboratory Women Cricket Team*

The Finals of the Inter- Department Tape Ball Cricket Tournament 2003 organized by the Faculty & Staff Sports & Recreation Committee in collaboration with the Sports & Rehabilitation Centre was played between Clinical Laboratory Women's Team Vs. Nutrition & Food Services Women Team and NICU/Anaesthesia Men Team Vs. Sports Centre Men Team.

The Final of the Women's Cricket Team was played on July 16, 2003 which was won by Clinical Laboratory Women's Team after an exciting match defeating the Nutrition & Food Service Women's Team by 4 runs. The Chief Guest on the occasion was Dr. Riaz H. Qureshi, Professor & Chair, Department of Family Medicine and Convener, Faculty & Staff Sports & Recreation

Committee who gave away the winning trophy to the Captain of the Clinical Laboratory Team, Ms. Raheela Patryali and the Runner-up Trophy to the captain of the Nutrition & Food Services Team, Ms. Gul-e-Rana Alvi.

The Final scores of the Women's Cricket Team were Clinical Laboratory 45 runs Nutrition & Food Service 41 runs.

Woman of the Final Match Award was presented to Ms. Sobia Nasir of the Clinical Laboratory. Individual players were also given gifts.

The NICU/Anaesthesia Men's Cricket Team defeated the Sports Centre Men Team by a close 9 runs victory in the Finals and annexed the Inter-Department Tape Ball Cricket Tournament 2003 Trophy, which was played at the Football Ground on July 21, 2003. Chief Guest

The final scores of the Men's Cricket Team were NICU/Anaesthesia - 94 Runs and Sports Centre - 85 Runs. Man of the Final Match Award was presented to Mr. Muhammad Abrar of the NICU Team. Individual Prizes (T-Shirts, and gift boxes) were given to all finalists' team members. Souvenirs were also presented to those individuals who gave their time and volunteered to supervise the matches.

Mr. Nurallah Merchant, Director General, University Administration in presence of Dr. Riaz H. Qureshi, Professor & Chair, Department of Family Medicine and Convener, Faculty & Staff Sports & Recreation Committee Ms. Anis Ajani, Manager, Administration and Mr. Riaz Akbar Contractor, Manager, Sports & Rehabilitation Centre presented the Winning Trophy to Mr. Mohammed Afzal, skipper of NICU/Anaesthesia Team, the Runner-up Trophy to Mr. Adnan Hyder Jafri, Captain of Sports Centre Cricket Team. The tournament commenced on June 7, 2003 where a total of 48 male teams and 2 female teams participated. The Tournament was played on a knock out basis at the Football Ground. ■



*NICU/Anaesthesia Men Cricket Team*

## 10 Tips To Keep Fit contributed by Advance Rehabilitation Services

### Lighten Up!

The ancient Greeks believed that humor was essential to the healing process. Studies now show that it's no joke...laughter is strong medicine! People who overreact to stressful situations appear more likely to have heart trouble, but those who laugh...last.

### "B" is for Balanced Diet

You may have heard about "antioxidants" vitamins C, E and beta carotene which appear to slow plaque formation in the arteries. Now there's evidence that folic acid, a vitamin B, and vitamins B6 and B12 may help prevent heart attacks. You'll get all three "B's" from a balanced diet.

### Muscle Moves

The more muscles you have, the more efficiently you burn calories and fat, prevent osteoporosis, and slow down the aging process. Strength training simply means that you make your muscles work harder than they normally do.

### Beat the Heat and Avoid a Bad Air Day

Avoid poor air quality. Exercise in air conditioned comfort and breathe the good air.

### Don't Wait to Hydrate

Humidity robs your body of precious fluids. Be sure to drink the recommended daily dose of 8 - 10.

### Develop Your Un-Sweet Too

Cutting back on foods and drinks high in sugar limits empty calories in your diet and leaves room for heart-friendly fiber and nutrients. Besides sugar can cause tooth decay, arthritis, multiple sclerosis, asthma, migraine headaches, etc.

### Relieve Stress to "D"-Stress

In the morning, tackle your toughest job first - it's easier when you're fresh. Mid-morning, try non-caffeine sodas, herbal teas or mineral water more often. Mid-day, relax and recharge during lunch by eating with others away from your work area. Mid-afternoon, take a brisk walk around the block or building if you feel sluggish. At the end of the day, pay someone a compliment, mail a thank you note or send congratulations to a co-worker for a recent achievement.

### Beauty's Only Skin Deep

If the season to have fun in the sun! Be sure to wear protective sun screens, hats and eye-gear.

### Positively Positive

Release yourself from negative stereotypes of aging. Negative beliefs and expectations become self-fulfilling.

### Get Up off your Seat and Get Up on Your Feet

Lack of physical activity is detrimental to your health. Low to moderate activities will add life to your years and years to your life.

# About Our Greatest Asset

## Moving Ahead

Congratulations to the following faculty and staff members for being promoted:

### Faculty

#### Medical College

- Dr. Furqan Moin  
Assistant Professor, Paediatrics
- Dr. S. M. Najaf Ali Nadeem  
Assistant Professor, Cardiology
- Dr. Syed Iqbal Azam Kazim Ali Shah  
Assistant Professor, CHS
- Ms. Fauzia Basaria Hasnani  
Senior Instructor, CHS
- Dr. Haroon Ur Rashid  
Senior Instructor, Orthopaedic Surgery

### Staff

- Dr. Jawed Iqbal  
Manager, Clifton Medical Services
- Mr. Deedarali N Punjwani  
Manager, Housekeeping
- Mr. Amin H. Allibhoy  
Manager, Outpatient Services
- Dr. Nasir Haider Choudhry  
Chief Clinical Nutritionist
- Mr. Jahangeer Kamal  
Senior Assistant Manager, Department for Educational Development
- Ms. Sabeen Shoab Khan  
Senior Assistant Manager, Academic Administration, IED
- Mr. Azad Sajwani A Dattoo  
Senior Assistant Manager, Distribution
- Mr. Muhammad Owais  
Senior Assistant Manager, Fire Prevention & Safety
- Mr. Faisal Siddiqui  
Senior Assistant Manager, Project Control
- Mr. Farhan Ramzan Ali Bhayani  
Senior Assistant Manager, Purchase
- Mr. Jehangir Noorali  
Senior Assistant Manager, Purchase
- Mr. Riaz M Hussain  
Senior Assistant Manager, Volunteer Services
- Mr. Muhammad Ghayas Jilani  
Senior Electrical Engineer, MEP
- Mr. Rashid Hussain  
Senior Mechanical Engineer II, Construction
- Mr. Samir Bandedali  
Assistant Manager, Benefits Administration
- Ms. Salma Ghaffar  
Assistant Manager, Finance & Administration, SON
- Mr. Amir Rajani  
Assistant Manager, Health Information Management Services

- Mr. Shamsuddin Sadruddin  
Assistant Manager, Inventory Section
- Mr. Amin Akber Ali  
Assistant Manager, Outpatient Services
- Ms. Munira Didarali  
Assistant Manager, Payroll
- Mr. Aamir Rizwan Qureshi  
Assistant Manager, Planning
- Mr. Asif Ali  
Assistant Manager, Purchase
- Mr. Sohail S. Tejani  
Assistant Manager, Purchase
- Dr. Mirza Abdul Basit Baig  
Assistant Manager, Quality Assurance
- Mr. Muhammad Aslam  
Senior Electrical Engineer, Construction ■

## Welcome on Board

### Faculty:

- Dr. Laetitia King  
Professor and Regional Director, Advanced Nursing Studies (ANS) Programme, East Africa
- Dr. Moncef Ben Abdeljelil  
Associate Professor, Institute for the Study of Muslim Civilisations
- Dr. Maria Irma Bustamante Gavino  
Associate Professor, School of Nursing
- Dr. Dileep Kumar Rohra  
Assistant Professor, Biological and Biomedical Sciences
- Dr. Riffat Parveen Hussain  
Assistant Professor, Radiology
- Dr. Shahzad Amjad Khan  
Instructor, Biological and Biomedical Sciences
- Dr. Saima Naheed Waqar  
Instructor, Biological and Biomedical Sciences
- Dr. Muhammad Abrar Barakzai  
Instructor, Pathology & Microbiology
- Dr. Muhammad Ishaq  
Locum Consultant, Anaesthesiology

### Staff:

- Dr. Thomas Christie  
Director, Aga Khan University Examination Board
- Ms. Naureen Ahmed  
Communication Strategist/ Manager Public Affairs ■

## New Arrivals

Heartiest congratulations to the following employees on the birth of their child:

### Son:

- Mr. Ashraf Qureshi, Training & Development Officer, T&OD – **Arham**
- Mr. Adil Jamil, Laboratory Assistant II, Department of Biological and Biomedical Sciences – **Mohammad Taha Adil Siddiqui**
- Mr. Lawrence Anthony, Secretary to Director, MScN Programme/Special Projects, AKUSON.  
**Shannon Chris Anthony**
- Ms. Dilshad Hussain, Senior Student Affairs Officer II, Student Affairs and Mr. Hussain Ramzan Ali, Assistant Construction Manager – **Zayan**
- Mr. Lakhraj Bhagwan Das  
Computer Lab Assistant, AKUSON  
**Rabinder Kumar**
- Mr. Hafiz Musarat Hussain  
Driver II, Transport Department  
**Mohammed Ahsan**
- Mr. Shah-Nawaz H. Lalani  
Senior Personnel Officer II, PPAC  
**Iliyan**
- Mr. Aienullah Beg  
Health Information Technician II HIMS  
**Ali Asad**

### Daughter

- Mr. Muhammad Irshad  
Secretary, Women's Residences Project  
**Sunain Irshad**
- Ms. Alia Saifullah  
Sr. Instructor, AKUSON – **Alizah**
- Mr. Mohammad Shafa  
Sr. Driver, Transport Department – **Muskan**
- Syed Hasnain Mehdi  
Building Management System Operator  
MEP – **Maleeka Zehra**
- Ms. Audrey Juma  
Instructor, AKU-IED – **Karissa Arianne**
- Mr. Saadat Mond, Research Associate  
AKU-IED – **Sumayya Saadat**
- Ms. Rubina Amin Qureshi  
Instructor, AKU-IED – **Ameeqa Qureshi** ■

## Marriage

- Ms. Mehrin Ansari, Manager, Faculty Recruitment and International Human Resources, married Waleed Ansari on August 17, 2003
- Mr. Muhammad Afzal, Senior Community Coordinator, CHS, married Shabana Khan on May 11, 2003.
- Mr. Shoukat Halani, Accountant – I, Finance Department, married Ms. Naheed on May 04, 2003
- Mr. Fahim Shivji, Accountant – I, Finance Department, married Ms. Nazleen on July 20, 2003.
- Mr. Refaat Ghouri, Jr. Health Information Assistant II of HIMS married Ms. Saima on June 08, 2003 ■

## Honesty: An AKU Employee

This quarter's "applause" goes to the following who displayed exemplary honesty in retrieving and returning valuable items lost by patients, employees and visitors.

### Housekeeping Department

Mr. Akhtar Masih  
 Mr. Baboo Bika  
 Mr. Chaman Lal Jessa  
 Mr. Ilyas Khoshi Masih  
 Mr. Inayat Masih  
 Mr. Ishaq Suba Masih  
 Mr. Javed Noor Masih  
 Mr. Jeevan Umro  
 Mr. Joseph Javed  
 Ms. Julice Murad  
 Mr. Kishore Baboo  
 Mr. Krishna Managatti  
 Mr. Mangha Abdullah Masih  
 Mr. Mohammad Saleem  
 Mr. Mohammad Saleem Khan  
 Mr. Mohd Akber Ali  
 Mr. Muhammad Shafiq Bhatti  
 Mr. Nadeem Ahmed Masih  
 Mr. Nadeson Anna Malai  
 Ms. Parveen Bibi R. Masih  
 Mr. Patras Bashir Masih  
 Ms. Perveen Iqbal  
 Mr. Qazi Saifuddin S. Sadiq Masih  
 Mr. Raju Lal  
 Mr. Riaz George  
 Mr. Santosh Bhanwarlal  
 Ms. Shanti Bai Baboo Lal  
 Mr. Sohail Anjum  
 Mr. Sultan Anwer Masih  
 Syed Adil Ata Hussain  
 Mr. Tariq Sadiq  
 Mr. Vishnoo Boodhoo  
 Mr. Wilson Siraj Masih  
 Mr. Younus Inayat Masih  
 Mr. Yousuf Bahdur

### Paediatrics Department

Mr. Sher Baz

### Safety & Security Department

Mr. Amir Wali Jan Wali  
 Mr. Ghulam Muhammad Taj  
 Muhammad Aslam ■

*Continued from page 3*

Preparation for JCI - Training Received

lectures and tutorials on compliance with JCI patient-centered and health care organization management standards, a session on international measurement and indicators as well as experience sharing from the Copenhagen Hospital Corporation. The next two days which were undoubtedly the highlight of the Practicum, consisted of a 2-Day – 3 Surveyor international accreditation survey demonstration at the Holy Family Medical Center, Des Plaines, IL, USA. This new and latest knowledge will assist the JCI Task Force in streamlining the accreditation process and accelerate hospital-wide preparation for survey readiness. ■

## IT Corner

### IT Customer Satisfaction Surveys

This year also IT division continued its tradition of conducting annual end-user surveys to assess the level of customer satisfaction. On average, the overall user satisfaction level was 85% with 74% satisfied with their IT facilities and 88% satisfied with the level of professionalism of IT Support staff. The results of surveys are available on IT Divisions Intranet page, <http://Intranet/IT/AboutUs/AboutUs1.htm> under the heading "How We Operate".



### Computer Worm Attack

In August, several worms attacked computer systems around the world, of which WORM\_Blast.A and BugBear-B were the worst ones. Worm is a malicious computer program capable of populating itself in your computer system making your PC operation abnormal, including restarting your system every few minutes, making softwares inaccessible, downloading other viruses from Internet, corrupting your files and other applications, transferring itself to other PCs across network, thus making it much deadlier than any ordinary computer virus. Kudos to our IT Network & Systems and PC Support team that successfully defended our network system against these worms and managed to prevent any direct damage of data and systems. However some patient-care applications were impacted very seriously and adversely due to increased traffic on our Network. We have deployed latest anti-virus products and put a block on our router as a preventive measure.

### Tips for Mass-Mailing

Email is a very useful and essential service. However, all networks have finite capacities to handle mail traffic. These capacities get choked up when we mass mail with heavy attachments. Be extra cautious when emailing to all users. Following are some useful tips to minimize the choking hazard:

- Try to limit the size of your attachment within 1 MB.
- For distributing circulars & notices across the board, the name in the "From" field of any email conveys all the authenticity associated with that person. It is not necessary to scan the person's signature and attach it with the mail. It not only increases the mail size to many folds, but also circulates the scanned signature of the official to everyone. Being an image, this signature is susceptible to being copied and misused.
- Never select all email addresses from the address book, rather, select only the relevant mailing list addresses. Mailing list addresses are written in bold face under the head "All Groups" in your address book, such as, **ALL\_USERS (IED)**. By selecting the relevant group(s) you reduce the mail size substantially and your mail is forwarded to intended users only. ■

## A VOLUNTARY SERVICE

We would like to appreciate the efforts of Mr. Sadaruddin Jawed who after working at AKU for 19 years as Senior Electrical Supervisor with the Maintenance Division, has gifted a guide in urdu on maintenance policies/procedures and services. This book is beautifully bound and titled "RAHNUMA" for maintenance staff. The topics covered are emergency procedures on utilities including medical gases, electrical distribution scheme and safety plans etc. A Foreward to this book is written by Mr. Hakim Ali Khan appreciating his concerted efforts and hard work. ■

*Continued from page 6  
 Breast Feeding Day Celebrated at AKU*

Dr. Ghaffar Billo, Chair, Department of Pediatrics. & Ms. Khurshid Khawaja, Director, Nursing Services addressed the gathering. They emphasized on promoting, protecting and supporting Breast Feeding and optimal complementary feeding for infants & young children, as 1.5 million infants, approximately die every year because they are not breast-fed. ■

## AKHUWAT Quiz July 2003 (Issue No. 51)

1. The foundation stone at the Aga Khan University (AKU) was laid in the year 1971
2. As of April 2003 the total area of Faculty of Arts and Sciences is 560 Acre
3. The School of Nursing (SON) started at the Aga Khan University (AKU) in 1980
4. The first outside Karachi Phlebotomy Centre (Collection Point) of the Clinical Laboratory (AKUH) was established in Hyderabad
5. Aga Khan Planning and Building Service, India (AKPBS,I) started operating in 1970 ■

### Winners of AKHUWAT Quiz

- |                            |                          |
|----------------------------|--------------------------|
| 1.Mr. Akber A G Hussain    | Laundry & Linen Services |
| 2.Mr. Asif Khairani        | PR&BA                    |
| 3.Mr. Asif Y.A. Sajwani    | DG's Office              |
| 4.Ms. Bina Barkat Ali      | AKU Examination Board    |
| 5.Mr. Devraj Silvaraj      | Laundry & Linen Services |
| 6.Mr. Nazim Ali            | Laundry & Linen Services |
| 7.Mr. Nizarali Razakali    | Laundry & Linen Services |
| 8.Mr. Qayam Karim          | Budgeting and Planning   |
| 9.Mr. Rahim P. A. Punjwani | Laundry & Linen Services |
| 10.Mr. Shiraz Mohammad     | Laundry & Linen Services |

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## FIRE PREVENTION



Fires are a leading cause of injury and death in healthcare facilities. All faculty and staff members have a personal responsibility for preventing fires in the University.

**To ensure life-safety, undertake the following:**

- 1. Learn AKU Fire Safety Plan.**
- 2. Take part in all training programmes and drills.**

Know the:

- location of alarms, emergency exits and fire extinguishers;
- proper procedures for shutting off equipment and oxygen.

### 3. Help prevent fires.

Inspect your work area for hazards regularly. Eliminate them, if possible, otherwise report them to your supervisor;

- Keep combustibles and flammables away from heat;
- Keep equipment that can spark out of areas where oxygen is used;
- Dispose of rubbish properly;
- Help enforce smoking rules.



### 4. In case of a fire, remember R.A.C.E:



**Remove** - Move patients and others away from immediate danger.

**Alarm** - Use fire pull station for alerting other staff. Dial **1600** to report any fire-related emergency.

**Confine** - Close doors and windows to help prevent smoke and fire from spreading.

**Extinguish or Evacuate** - Try to put out small fires only - and only if you have been trained and have a clear escape route. Otherwise, evacuate.

**To extinguish a fire, remember P.A.S.S:**

- Pull the pin;
- Aim at the base of the fire;
- Squeeze the handle;
- Sweep from side to side at the base of the fire.

