

AKHUWAT

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Task Force constituted by President AKU

An AKU-wide Task Force has been constituted by the President to review AKU's work methods. This review has been called for in response to the significant growth and related challenges that the University is experiencing. The University needs to remain robust in a volatile environment and to review continuously the appropriateness of its organizational and operational structures. The Task Force is chaired by Dr. Mohammed Khurshid, Medical Director and Associate Dean, Clinical Affairs and has a wide representation from the Hospital, Medical College, School of Nursing, and IED. Its aim is to review and, where appropriate, to suggest alternatives to our current methods of work. It is expected to complete its task by September 30, 2003. As part of its work, the Task Force will consult the wider community of faculty and staff through focus groups, suggestions, and other input to ensure that everyone participates in this important review to manage change at AKU. ■

Re-certification of AKUH on ISO

The Aga Khan University Hospital was recently certified for International Organization for Standardization (ISO) based on new version, which is ISO 9001:2000. Re-certification audit was held on July 02 to July 04, which was conducted by AIB Vincotte team. Prior to this, complying



Mr. Nadeem Mustafa Khan, Director General, AKUH, performing cake cutting ceremony to celebrate re-certification of AKUH to ISO 9001:2000 standards.

with the standard's requirement, Internal Audit of all divisions/departments was initiated from May 16. These internal audits, also based on the new version, assessed the level of preparedness of each division/department in terms of awareness, documentation, implementation, and maintenance of records.

Audit team leaders were instructed to issue reports promptly after concluding the audit and provide opportunity to the departments for immediate initiation of corrective and preventive action for non-conformities or any other observations noted in the course of audit. Similarly, the audit schedule was also developed, ensuring availability of enough time with the divisions/departments to conduct Management Review Committee Meetings and discuss the audit report with necessary actions required to fill the identified gaps. ■

World No Tobacco Day at AKU



Poster display on the event of World No Tobacco Day

Showbiz stars can reverse the harmful trend of tobacco use among youngsters in Pakistan, by reinforcing positive messages through dramas, ads, and movies and showing smoking as a major health hazard and an unhealthy trait. This was a key recommendation made at the World No Tobacco Day organised by Aga Khan University (AKU) on May 31, 2003.

Speaking in the context of this year's theme 'Tobacco-free films. Tobacco Free Fashion. Action!', renowned TV actor Shakeel said that tobacco is a major health problem in Pakistan. He said that while smoking is declining in the West, it is on the rise in Pakistan. He said the worst affected are the youngsters who emulate showbiz celebrities as role models.

Dr. Javaid A. Khan, Professor, Department of Medicine, said that according to research conducted last year by the University, 40% men and 8% women in Pakistan smoke on a regular basis. He said the use of tobacco has led to an increase in the instances of heart diseases, stroke, emphysema and respiratory disorders, and eventually, death. He added that tobacco advertising has a strong influence on children, as it 'normalizes' smoking, making it socially acceptable and difficult for health education to convince people of its dangerous consequences. He demanded a comprehensive ban on tobacco advertising as has been recommended in a recent resolution passed in the world health assembly.

It may be mentioned here that, in keeping with AKU's ethical standards, and out of respect for prevailing standards within the community, the University has made a clear statement that it will not undertake grant funded research or clinical trials, nor will it solicit, encourage nor accept any direct or indirect support or assistance, financial or in kind, from companies whose products or services are in any way contrary to the betterment of individual health, education or moral character. ■

CEL Participation in Hornby Summer School

The Centre of English Language is playing a vital role in offering the Hornby Summer School Pakistan, to be held for the first time in Pakistan. This three-week international summer school for teachers of the English language has been organized by the British Council Pakistan in collaboration with the Hornby Education Trust, Aga Khan University Centre of English Language (CEL), Society of Pakistan English Language Teachers, and Beaconhouse School System. Dr. Sabiha Mansoor, Associate Professor and Head, CEL is representing AKU as a member of the Planning Committee. In addition, CEL faculty will be participating in the training course as tutors and participants.

The Hornby Summer School takes as its theme *ELT Resources: Innovation and Change*. It seeks to review recent developments in language teaching, familiarize participants with new resources available through the new technology, and develop plans for the introduction of new materials suited to their teaching environment. Starting from July 14, 2003, the school will be held in Islamabad and will provide English language teachers from Pakistan, opportunities to network with their counterparts from India, Bangladesh, Nepal, Iran, and Afghanistan. ■

AKU Tests its Emergency Plan



In order to assess its readiness for emergency situations, the Aga Khan University plans and conducts emergency mock drills every year. These mock drills are in addition to the Communication, fire, and evacuation drills conducted throughout the year.

One such full-scale emergency mock drill was arranged on Saturday, May 03, 2003 to test the staff in emergency preparedness. It was a unique exercise, as for the first time ever, four (04) types of emergencies were declared at the same time. These included the following:

1. **Orange Emergency** – Influx of casualties due to an external disaster
2. **Red Emergency** – Fire Incidence
3. **Green Emergency** – Evacuation of Patients
4. **Yellow Emergency** – Nuclear Contamination

Quotations

Men acquire a particular quality by constantly acting a particular way . You become just by performing just actions, temperate by performing temperate actions, brave by performing brave actions.

Aristotle

Continued on page 13

Quality Circles

Reducing X-rays Loss from Operating Room



Due to reduction in the number of x-ray loss, 99% of patient x-rays in Operating Room are now easily traceable. ■

Reduction in Telephone Expenses



Quality Circle in Cardiopulmonary reduced telephone expenses by 41% from Rs. 4,784 to Rs. 2,842 per month. ■

Quality Quotes

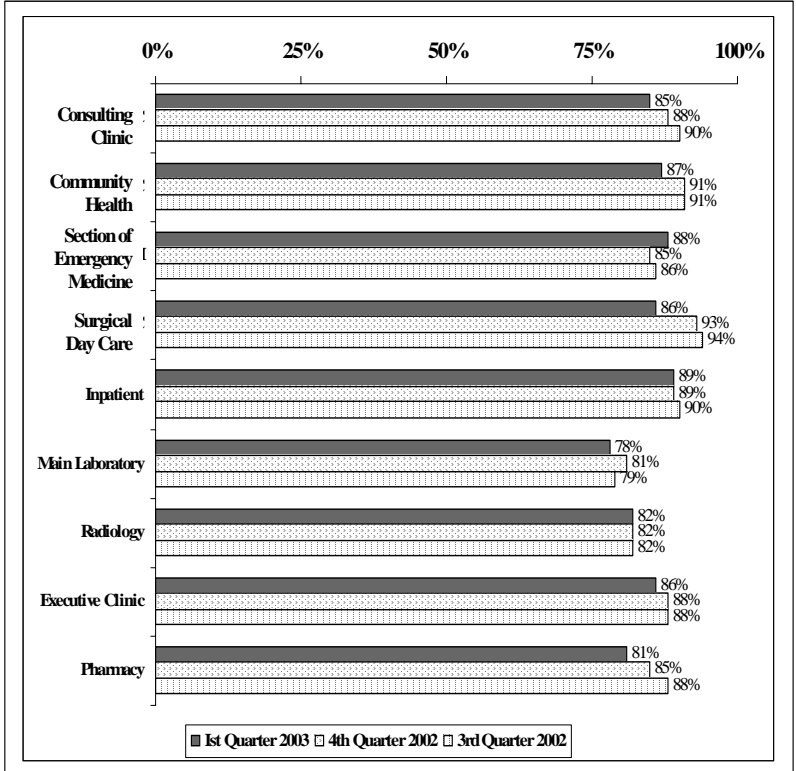
Have patience with all things, but mostly with yourself. Do not lose courage considering your own imperfections, but instantly begin remedying them. Every day begin the task anew – *Saint Francis de Sales*

Only those who will risk going too far can possibly find out how far one can go– *T. S. Elliot*

If you don't go after what you want, you'll never have it. If you don't ask, the answer is always no. If you don't step forward, you're always in the same place.– *Nora Roberts*

Patient Satisfaction Survey – 2003

A graphic representation of the average satisfaction ratings for the first quarter of 2003 against the fourth and third quarters of 2002 are given below:



CQI-Facilitation & Tools Training

The 13th CQI Facilitation and Tools Training Programme concluded on March 28, 2003. Ever since its initiation in 1994, this programme has been running successfully twice a year, training facilitators who continue to provide leadership and direction to Quality Circles, Quality Improvement Teams, and quality enhancements in their respective areas. The total of 29 participants were certified in the ceremony, bringing the total number of trained facilitators to 365. ■



Participants of the CQI Facilitation and Tools Training

Human Resource Development Opportunities - July to September 2003

Training & Organizational Development

Sr.	Name of the Programme	Date
1	Service Excellence –English	July 01
2	Service Excellence – Urdu	September 25
3	Quality Grand Rounds	July 03 August 07 September 04
4	General Orientation Programme-English	July 10 July 21 August 05 August 19 September 2 September 15
5	General Orientation Programme-Urdu	July 17 August 12 September 11
6	Training Needs Assessment	July 14
7	Emotional Intelligence	July 15
8	Telephone Courtesy	July 16
9	Advance Cardiac Life Support-ACLS	September 24 - 26
10	How to Develop an Effective JD	July 29
11	Secretaries' Forum	July 30
12	Skills for Successful Supervision-English	July 31
13	Skills for Successful Supervision-Urdu	September 29
14	Handling Difficult People	August 11
15	Manage Your Time Effectively-English	August 20
16	Presentation Skills	August 25 - 26
17	BVR	August 28
18	Identification and management of stress symptoms	September 05
19	HRM for Non HR Managers	September 08
20	Quality Awareness and Quality Circles	September 10
21	CQI FATT	September 17-19
22	Relationship Strategies	September 22
23	Cash Handling	September 23

Continued from the Information Services Department

Sr.	Name of Programme	Dates
14	Web Page Development	July 28-30 August 11-13 September 15-17
15	Advanced PowerPoint	August 04-05 September 04-05

Nursing Education Services Department

Sr.	Course Name	Dates
1	AKUSON orientation	July & September
2	UR Training Programme	August
3	NA Training Programme	July
4	I/V Cannulation	July & September
5	Medication Recertification	August
6	BLS-C Recertification	July & August
7	BLS-A Certification/Recertification	July & August
8	CPR Instructor Refresher Course	September
9	Team Leader Development Workshop	September
10	Critical Care Nursing Workshop	September
11	Motivational Leadership	July
12	Leadership Skills: • Decision Making • Delegation Skills	August
13	Health Assessment	August,
14	Basic Principles of Curriculum & Instructions	September
15	Minutes Writing	July
16	Data Collection and Analysis	August
17	ECG, Electrolytes & X-Rays Interpretation	September
18	Teamwork	July
19	Body Mechanism	July
20	Dealing with Death & Dying	September
21	Pharmacy Session	August,
22	Patient Education	July & September
23	Laboratory Sessions	July
24	Radiology Sessions	August
25	Safety & Security Sessions	September
26	Maintenance Department Sessions	August
27	Caring	September
28	Case Presentation	July & September
29	Nursing Ethics Grand Rounds	August
30	Quiz Competition	September
31	Blood Transfusion	July
32	PCIA & Epidural Analgesia	August
33	Problem Based Learning	August

Information Services Department

Sr.	Course Name	Dates
1	Microsoft Excel	July 14 - 17 August 18 - 21 September 08 - 11
2	EPI	July 22 - 23 September 18 - 19
3	Microsoft Word	July 01 - 04 August 25 - 28 September 22 - 25
4	Internet	July 24 - 25 August 06 - 07 September 04 - 05
5	Advanced Excel	July 28 - 29 August 25 - 26
6	Microsoft Office	July 14 - 18 August 18 - 22 September 15 - 19
7	Microsoft Outlook	July 10 - 11 August 28 - 29 September 29 - 30
8	SSPS	July 08 - 09 September 02 - 03
9	Basic Computer Skills & MS Office	July 07 - 11 August 04 - 08 September 08 - 12
10	Advanced MS Office	July 21 - 25 September 22 - 26
11	Microsoft PowerPoint	July 01 - 03 August 11 - 13 September 01 - 03
12	Advanced Word	July 30 - 31 September 29 - 30
13	CQI Tools Training	July 21 August 15 September 01

Centre of English Language

Sr.	Name of the Programme	Date
1	Oral Communication Level 1	July 01 - 31, 2003
2	Oral Communication Level 2	August 12 - September 11
3	Basic Writing Skills	August 04 - September 08
4	Report Writing for Senior Management	September 04 - 05
5	English for unit receptionist	June 23 - July 23
6	Report Writing for SON faculty	July 15 - August 16
7	English for Radiographers	August 04 - September 03
8	Presentation Skills for RMOs	July 29 - 30
9	Presentation Skills for Nursing Management	August 28 - 29
10	Report writing for Nursing Management	September 16 - 17
11	English for drivers	June 16 - July 16
12	English for engineers	August 12 - September 11
13	Writing skills for administrative Staff	September 02 - October 02

Face to Face with Dr. Sadrudin Pardhan Professor and Director, Outreach, AKU-IED

How would you describe yourself?

I am a simple person who enjoys meeting people from all walks of life. I enjoy learning and contributing to the society in whatever way I can.

Most notable achievement to date:

I am not sure if I would zero in on any one particular achievement. There have been a few achievements, which have given me enormous satisfaction. Completing my Ph.D. at a young age, being appointed as Deputy Principal in a large residential teachers college in Kenya, being appointed as CEO of Aga Khan Education Service, Pakistan (AKES,P), being appointed full Professor and Director, Outreach at AKU-IED, and working in a team to set up AKU-IED, Professional Development Centre (PDC) in North, East Africa PDC Lead-in, have all been very satisfying.

Strengths:

Interpersonal skills, long time association with teaching and teacher education, and a trusting nature.

Weaknesses:

I have many weaknesses but professionally not being able to say no and being available almost all the time are both a weakness and a strength.

Hobbies:

Reading (both professional literature and fiction), music, cricket, ice hockey, and other sports.

Favorite food:

Kuku Paka (an East African Chicken dish made in Coconut milk).

Personal goal:

Be able to contribute to the development of human society.

Professional goal:

I have been fortunate to achieve a high academic rank and position at AKU/AKU-IED. Professionally, I would like to help set-up a PDC in Chitral and a PDC in East Africa.

Family:

My wife Charan Pardhan who is a faculty at AKU-IED, a daughter (happily married with two lovely children), two sons (one recently married), two brothers, a sister, and their families.

What motivates / inspires you?

Working in a team towards a goal and then achieving it.

What gives you the greatest pleasure?

To see school children achieve their real potential. It is wonderful to see young people grow into successful professionals.



Your philosophy in life is:

Whatever you do, enjoy it. Work with a clear conscience and try your best. Leave the rest to Allah.

What do you fear the most?

Allah! I fear hurting others.

If one were to ask your wife to describe you in a sentence what would she say?

Always working.

Can't help laughing when:

I think about my school days which were so full of life, excitement, and some stupid things we did.

The one talent you wish you had:

Playing the piano or guitar.

What upsets you?

When people say one thing on your face and quite the opposite to others.

Can't say no to:

Whatever my daughter asks for.

Views on Pakistan:

Great country. Here I found a home away from home. I wish people would appreciate what we have in Pakistan.

Best moment of your life:

The day the Karimabad campus of AKU-IED was inaugurated by Mr. Sajjad Ali Shah, Former Supreme Court Judge, in the presence of AKU's Chancellor and hearing from the Chancellor how he appreciated the hard work of the team.

What do you really like about AKU?

AKU's desire to excel and grow.

Your experience at AKU-IED:

I was a team member of the Task Force which recommended to AKDN to set-up an Institute for Educational Development (IED) within AKU and later on I contributed to the establishment of this institution. Ten years have gone by like it was just yesterday when I joined AKU-IED. I have worked with some very talented but modest people at AKU-IED. It has been a great experience.

Message to AKHUWAT readers:



Strive to reach the top. You will appreciate what it feels like actually when you make it! "Try to master knowledge. Do not become its slave."

Department Profile — Travel

“Journey of thousand miles starts with a single step”

The AKU's travel department has been in existence since 1985 – capturing every moment of its history and providing valuable support, promptness of services and accuracy of results to its customers. For the year 2002, the travel department provided assistance in issuance of 552 international tickets, visa assistance and accommodation to its customers. As for the domestic travel, tickets reservations and accommodation was provided in 1,119 cases.

Travel department is engaged in providing the following services to the faculty and staff of AKU. Keeping these in view, it is easy to comprehend valuable support and contribution of travel department towards executing travel related activities of faculty and staff traveling on AKU's official business. ■

Key Steps Performed	Accommodation Arrangements	Arranging International Tickets
 <p>Some of the key steps and core processes performed by the travel department are as follows:</p> <p>Reservation accuracy Tickets are passed and seats are re-confirmed</p> <p>Ticket making accuracy</p> <ul style="list-style-type: none"> • Correct name is mentioned on the tickets • All taxes are taken • Tickets are in accordance with the reservation <p>Visas</p> <ul style="list-style-type: none"> • Visas acquired for places in transit • Visas acquired for point of destination <p>Accommodation</p> <ul style="list-style-type: none"> • Hotel reservation with the voucher for transit points (where applicable) • Hotel reservation with voucher for point of destination (where applicable) <p>Passport Validation Passport is valid for atleast six months beyond intended stay at the destination.</p> <p>Others</p> <ul style="list-style-type: none"> • Health vaccinations are done • Airport pick and drop arrangements • Seat preferences • Bookings are in correct designated class • Ensure that enough time is given in the itinerary to catch connecting flights in case of transfer is involved. ■ 	<p>The department makes arrangement for a comfortable accommodation for AKU faculty, staff and institutional guests within Pakistan and traveling on international routes (both destination as well as in transit). With the help of group AKU purchase, travel department has managed to cut down the hotel room rates to 40-50% as compared to the normal rates offered by them. ■</p>	<p>Once the reservation is finalized, travel department arranges tickets for its travelers through one of the travel agents at AKU panel. ■</p>
	<p>Visa Assistance</p>	<p>In the post September 11 scenario, all major foreign Consulates/High Commissions/Embassies have laid down a very difficult criteria for Pakistani nationals to qualify for visas. They have closed their offices in Karachi and Lahore, therefore all the applications are sent to Islamabad and one has to go through a tedious phase of long waits due to overflow of visa applications of three major cities at one place.</p> <p>Keeping the above in view, the Travel Department has proactively contacted major consulates in Karachi, requesting them to entertain the visa applications of AKU's official travel in Karachi. The department provides visa information regarding visa requirements of different countries, appends all necessary documents required to process visa and submits visa application in respective consulate/high commission/embassy. ■</p>
		<p>The Travel department is also responsible for making travel and accommodation arrangements for Conferences/Seminars/Symposiums organized by AKU. Department ensures provision of cost effective tickets, comfortable as well as economical accommodation and assistance for rerouting/ reconfirmation of tickets for foreign participants. ■</p>
		<p>Other Services</p>
		<p>Some of the services provided are:</p> <p>Assistance for Holding Tickets Guests and patients with holding tickets are also dealt by the department for reconfirmation of flights, rerouting/ re-issuance of the tickets, if required.</p> <p>Insurance All official travelers are insured for the entire period of their journey. Spouse and children under 12 years of age can also be insured for their travel on payment of a minimum agreed amount.</p> <p>Tour Arrangements Tour arrangements are also made within Pakistan with the help of different tour operators.</p> <p>Traveler's Cheques Traveler's cheques are issued on obtaining the T.C letter from the finance department and provided to the traveler along with other travel documents. ■</p>
<p>On-Line Reservation</p>		<p>Assistance at the Airport</p>
<p>Travel department provides the online reservation services for all international carriers and flights through "Central Reservation System" available at the campus. Preferred pre-seating, meal preferences and frequent flyer information is noted and mentioned in the reservation. ■</p>	<p>The department provides assistance to the President, Board of Trustees and Institutional guests of the University at the airport including issuance of advance boarding cards, prior luggage check In, prior immigration and customs check, in order to avoid long waits at the airport. ■</p>	<p>The Travel department is required to maintain close contact with their internal customers. They have initiated a system of 'Customer Feedback Form' where the customers are requested to complete the feedback form, indicating their satisfaction level against different performance indicators. The report was generated for the first quarter of 2003 and the result was 100% satisfied customers. ■</p>

Happenings

Centre of English Language reaches out to Government Sector



CEL faculty with course participants.

The Aga Khan University Centre of English Language (CEL) collaborated with the British Council, Sindh Education Foundation, and Society of Pakistan English Language Teachers in planning and delivering English Language Teaching (ELT) Masters Trainers Course for 40 government school teachers from 16 districts of Sindh. The course was held from January 13 to March 28, 2003 at the Elementary College of Education, Hussainabad, Karachi. The aim of the course was to enhance English language proficiency of the participants and to train them, as Master Trainers, in ELT Methodology. The programme provided CEL a unique opportunity to reach out to the government school teachers from remote areas of Sindh. A total of ten CEL faculty members shared their expertise on different ELT-related topics. Their performance was highly acknowledged by the course participants, the British Council, and Sindh Education Department.

The participants also visited AKU at the end of the programme. They were briefed about the various academic programmes offered by CEL. Dr. Sabiha Mansoor, Associate Professor and Head, CEL addressed the participants on this occasion. She appreciated the participants' enthusiasm and commitment to the programme. Sharing their experience, the participants thanked the faculty for their support and encouragement. 'This was a highly accomplishing experience for all of us', said the group representative in his speech. ■

Initiation of Paediatric Occupational Therapy Clinics

Paediatric Occupational Therapy clinics are now available twice a week in morning, at the Aga Khan University Sports and Rehabilitation Centre.

Ms. Debbie Kramer-Roy is providing this service for the Department of Paediatrics. Debbie has a B.Sc in Occupational Therapy from the Netherlands and possesses more than 10 years of clinical and community experience in England and Pakistan.

It is important to refer children as soon as it is evident that they have or are at risk of developing limitations in their development or independent functioning. This can be at any age, even newborns can be referred.

Paediatric Occupational Therapists take a holistic approach to the treatment of children and the intervention aims to:

- enhance prerequisite skills in the motor, sensory, cognitive, perceptual, and psycho-social domains
- practise activities the child needs or wishes to perform (self-care, play and school activities), according to his/her own aspirations and/or expectations of others in his/her socio-cultural context
- counsel and teach caregivers and teachers how to enhance the child's development
- advise about and design supportive equipment that enhances function and independence, such as special seating, adapted eating or writing tools, and hand splinting.

Debbie continues to be faculty at IED for the other half of her time. More information about Occupational Therapy can be obtained from Debbie at debbie.kramerroy@aku.edu. Appointments can be made by telephoning the clinic reception desk at the Sports and Rehabilitation Centre on 4930051, ext. 1662. ■

AKUSON Striving to Develop Research Capacity

Dr. Rozina S. Karamliani, Assistant Professor, SON & CHS and Director BScN Programme and Ms. Jacqueline Dias, Assistant Professor, BScN programme visited the University of Sheffield, UK, in April 2003 under the aegis of the British Council. This visit was arranged to explore the existing research infrastructure at the University of Sheffield School of Nursing with a view to develop the research capacity of faculty of AKUSON and the establishment of a Centre of Nursing Research. ■

World Health Day Celebrated at AKU-IED

The Primary Education and Child-to-Child Resource Centre (C-t-C RC), AKU-IED, celebrated the 'World Health Day' on April 7, 2003, by carrying out an activity on the theme of 'Pollution'. Students of class III from SMS Aga Khan Junior Secondary girls' section and the children of the ancillary staff of AKU-IED participated in this event. The main objective of the activity was to give them awareness about the different kinds of pollution (air, water, noise). All the children participated in the activity enthusiastically by expressing their ideas on 'the Concept of a Healthy Place' through self-produced role-plays. The participants also drew pictures and wrote slogans on 'Pollution' and 'A Healthy Environment'. ■



Participants draw pictures and write slogans on 'Pollution' and 'A Healthy Environment' on the occasion of World Health Day.

Fight Against Cancer

AKU has begun work for prevention and control of cancer. A group has been formed including members from various disciplines such as Oncology, Medicine, Psychology, Nursing Services, School of Nursing, Marketing and volunteer. The group is involved in Cancer Group Therapy, Cancer Education, Public Awareness Talk and initiation of Home Care Program in collaboration with other AKU department. The Chair of the committee is Dr. Aryn Alidina, Assistant Professor, Department of Medicine, and Ms. Ann Castellino, Assistant Professor, AKUSON. ■

Happenings

Secretary to the Government of Sindh, Educational Literacy Department, visits AKU-IED



Mr. Pasha observes the Early Childhood Education and Development (ECED) team during an ECED training workshop.

Mr. Ghulam Ali Shah Pasha, Secretary to the Government of Sindh, Educational Literacy Department visited AKU-IED on April 9, 2003. He was received by Dr. Gordon MacLeod, Professor and Director, AKU-IED, Dr. Sadrudin Pardhan, Professor and Director, Outreach, AKU-IED, and Dr. Muhammad Memon, Professor and Head of Professional Programmes.

The purpose of Mr. Pasha's visit was to get acquainted with AKU-IED's activities. The senior management gave a brief presentation on AKU-IED and its current and future programmes and research activities. During the presentation, it was emphasized that IED's major focus is on improving the performance of teachers and other stakeholders like education managers belonging to public and private sectors, through professional development leading to school improvement. ■

8th Anniversary of the Snacks 'N' Things



Ms. Zainab Vazirali F. Mohammed, Chairperson of the Snacks 'N' Things (tuck shop), cutting the cake on the occasion of 8th Anniversary of the shop

Snacks 'N' Things celebrated its eighth anniversary on 7th May 2003. The shop, which is one of the three volunteer-run shops at AKU, was established in 1995 to provide the students, faculty and staff with quality food and essential items required by students. For the past eight years, the enthusiastic volunteers have been dedicating their time to make sure that they maintain the best standards and keep the customers satisfied. The surplus funds from the shops go towards the AKU's Patient Welfare Programme. ■

PAIE, supported by AKU-IED, conducts First Children's Workshop

Since its inception, the Pakistan Association for Inclusive Education (PAIE) has been working hard to promote the idea and create awareness about inclusive education for children with special needs in mainstream schools. In order to promote their philosophy, the PAIE, supported by AKU-IED, conducted its first Children's Workshop on March 27, 2003. Three inclusive schools participated and four children with special needs and four without special needs were invited from each school. The purpose of this workshop was to bring children with and without special needs together, enabling them to work together and learn from each other.

The session started with narration of a story followed by a group discussion, where the participants were given a chance to express their feelings. The participating children learned and accepted that all individuals are unique and each person has equal value, even though s/he has different strengths and needs. They were given a chance to discuss and express their ideas in small groups. ■



Participants of the Annual Research Retreat

Department of Medicine of Aga Khan University held its Second Annual Research Retreat at Hotel Sheraton, Karachi, on May 9, 2003. On this grand occasion, a series of research papers were presented highlighting the ongoing investigational activities involving the faculty of Department of Medicine. These papers covered certain key health sciences areas, such as gastroenterology, cardiology, nephrology, hypertension, diabetes, stroke, and infectious diseases including tuberculosis, typhoid and malaria.

Dr. Saeed Sadiq Hamid and Dr. Shahab Abid from Gastroenterology, Dr. Aryn Alidina from Oncology, Dr. Fahim Jafary and Dr. Fateh Ali Tipoo Sultan from Cardiology, Dr. Saad Shafqat, Dr. Mohammad Wasay and Dr. Nadir Ali Syed from Neurology, Dr. M. Aslam Khan and Dr. Sabeen Fatima Mekan from Infectious Diseases, Dr. Muhammad Irfan from Pulmonology, Dr. Yawar from Endocrinology and Dr. Syed Farhan Ali Tirmizi from Departmental Research Committee made oral presentations. Dr. Fahim Jafary and Dr. Nadir Ali Syed received the awards for best oral presentations, and Dr. Tazeen H. Jafar for the best poster presentation.

Commenting on the day's proceedings Department Chairman Dr. S.M. Wasim Jafri, Professor and Chair, Department of Medicine said, "This meeting represents Aga Khan University's, and the Department of Medicine's commitment towards research and innovation. Such a conference is unique in its nature in Pakistan and the Department of Medicine is proud to maintain the lead in such research endeavours, which would lead to advancement in medical sciences and improved health of our population." The retreat was organized by the Research Committee of Department of Medicine. ■

2ND Annual Research Retreat of the Department of Medicine

Proud to Announce

Nursing Recognition Day 2003

Division of Nursing Services celebrates 'Nursing Recognition Day' every year to appreciate the outstanding performance of the nursing staff in delivery of nursing care to patients and their families. This year marked the 16th celebration. Dr. Shamsh Kassim-Lakha, *S.I, H.I.*, President, Aga Khan University, honoured the ceremony as the Chief Guest. Amongst others, Mr. Nadeem Mustafa Khan, Director General & Chief Executive Officer of AKUH, Dr. Robert Baker, Provost, along with Directors and other senior members of AKU attended the ceremony.

While addressing the gathering, Ms. Khurshid Khowaja, Director, Nursing Services shed light on areas such as expansion of services and increasing of patient census, staff development and development of staffing models in the Division of Nursing Services. A total of 19 staff including Head Nurses, Clinical Nurse Teachers, Registered Nurses, Registered Midwives, Technicians and Nursing Assistants were recognized for their exemplary performances in the delivery of nursing care. ■

Nursing Services Moving Ahead - Another Milestone Achieved

Nursing Services is continuously striving for quality through continuing education of its staff. An important educational activity is Basic Life Support (BLS) Courses that are conducted to get nursing staff certified to intervene appropriately when a patient goes into cardiac arrest. These courses have been conducted since 1989, however; recently the need to get all BLS instructors certified through proper agency was felt.

Therefore, the department of Nursing Educational Services and School of Nursing jointly coordinated a one-day "BLS Instructor Course" on April 11, 2003 that was conducted by Dr. Saeed Akhter, Associate Professor, CHS and President, Life Saving Foundation, Pakistan. Besides that Dr. Khawar Abbas Kazmi, Associate Professor, Department of Medicine, Dr. Fahim Jafary, Assistant Professor, Cardiology, and Dr. Tufail Bawa from Ziauddin Hospital facilitated the course. Total 32 participants including 16 SON faculty, 6 NES Instructors, and 10 Clinical Nurse Teachers attended the course and were certified as BLS Instructors. This was the first time in the history of AKU where BLS Instructor Course was conducted for Nursing Educators. At the end, Ms. Khurshid Khowaja, Director Nursing Services and Dr. Michele J. Upvall, Professor and Director, MScN and Special Projects, AKU-SON, honored the certificate distribution ceremony.

The Feedback from the participants was quite encouraging. They learnt new concepts of BLS in accordance with American Heart Association that would be incorporated in teaching at AKU. ■

Ms. Sabiha Mansoor, Head, Centre of English Language, completed her PhD in Education



Ms. Sabiha Mansoor

Ms. Sabiha Mansoor, Associate Professor and Head, Centre of English Language, successfully completed her PhD in Education from the Faculty of Economics and Social Sciences, Institute of Education, University of Reading, UK. This nation-wide research, sponsored by the Aga Khan University, focused on the role of languages, especially English, in higher education in Pakistan. ■

Send your contributions for AKHUWAT to Novera Shamim Vazir, Training & Organizational Development Department. E-mail: novera.shamim@aku.edu - Phone: 6347611 - Ext: 122

<u>Issue</u>	<u>Deadline</u>
January	Nov 15
April	Feb 15
July	May 15
October	Aug 15 ■

Congratulations

Dr. Nida W. Bashir, graduate of the General Surgery, Residency Programme, has been awarded G.B. Ong. gold medal for scoring the highest marks in the academic year 2002-2003 from the Royal College of Surgeons of Edinburgh.

Dr. Naveed Janjua, Research fellow at CHS, has been awarded the Young Physician Research Paper and Gold Medal Award titled, "PMA Saeed Young Physician Award."

Dr. Nasheen Yaqoob, Instructor, Department of Pathology & Microbiology, cleared her FCPS examination from CPSP.

Dr. Fareena Nilwani, Instructor, Department of Pathology & Microbiology, cleared her FCPS examination from CPSP.

Dr. Salman Riaz, Instructor, Section of Orthopedic Surgery, cleared his FCPS in Orthopedics.

Dr. Mujahid Jamil Khattak, Chief Resident, Section of Orthopedic Surgery, cleared his FCPS in Orthopaedics.

Dr. Nazim Ali Ahmed, Chief Resident, Section of Urology, cleared his FCPS in Urology.

Mr. Sajid Ali, Senior Research Associate II, AKU-IED, received the Australian Development Scholarship (ADS) and is currently enrolled in an MEd programme at the Monash University, Melbourne, Australia. He has now been selected for the Commonwealth Youth Leadership Awards (CYLA) 2003. The award entails a twelve-day leadership and governance course conducted by the National Centre for Development Studies (NCDS) at the Australian National University (ANU) in Canberra, from August 18 to 29, 2003.

Ms. Uzma Bano, Research Associate, AKU-IED, has received Chevening Scholarship 2003-2004 from the British Council. Under this scholarship, she will be completing an MA in Gender and Development from the University of Sussex, UK, from September 2003 to August 2004.

Ms. Shaheena Rahim Surani, Infection Control Surveillance Nurse, received an achievement award for participating in a poster competition for first International Infectious Disease Congress, held in Pakistan. ■

Faculty Members at AKU-IED Complete their M.Sc. from Oxford University

Ms. Sadia Muzaffar Bhutta, Instructor, AKU-IED and Mr. Sherwin Rodrigues, Instructor, AKU-IED, successfully completed their M.Sc. in 'Research Methodology' from the Oxford University, Department for Educational Studies (OUDES), U.K., on September 31, 2002. Both the faculty members are currently enrolled in a doctoral programme at the same university. ■

Construction News

Clifton Medical Services



Finishing works are proceeding at a fast pace for the **AKUH Clifton Medical Services** building. The building is expected to be completed by October 2003. ■

The Kitchen Expansion



The **kitchen expansion and renovation** as seen from the above photograph is progressing well and is planned for completion by year-end. ■

Women's Residences



View of the construction progress from one of the courtyards of the Women's Residences

External finishes such as pigmented and weeping plaster works are in progress at the **Women's Residences** while internal finishing works, such as painting, fixed furniture and light fixture installations etc., are being carried out simultaneously. The construction is scheduled for completion in November 2003, which is being expedited as the contractor is falling behind schedule. ■

Future Expansions on Campus

The detail design work of the **Oncology Services Building** is in progress, while pre-construction work such as site offices, warehouses and the lay down area has begun and will be completed before the contractors come on board towards the year-end for the main building construction. The building site is located opposite the Service Building next to the recently completed Nazerali-Walji Building and is scheduled for completion by November 2005.

The detail design work of the **Laboratory Building** was awarded last June for completion in November 2003. This building will be located adjacent to the existing cricket practice pitches, located near the warehouse, which will be relocated to another site. Once the design is completed, the tenders will be floated for award of construction contracts in the early part of next year. This building is scheduled for completion by March 2005.

The detail design work of the **Office Building** was also awarded in June for completion in November 2003. The 26,000 square feet programme area will house approximately 130 faculty and support staff. This building has been sited on the West Campus in between and adjacent to the Auditorium and the Doctor's Lounge and is planned to be completed by mid-2005. ■

Khimji Building



The **Khimji Building** for Cardiac Services which houses 3 operating rooms, 16 Coronary Care Unit (CCU), teaching rooms and ancillary facilities such as on-call rooms for doctors, staff lounges, nursing stations, stores, etc completed in June and will be commissioned in July 2003.

To complete the cardiac services facilities, the existing CCU on the first floor of the Hospital will be converted to coronary intensive care units (CICU). This work will begin as soon as the CCU in the Khimji Building is commissioned and is expected to be completed by October of this year. ■

Faculty of Arts and Sciences

The final space plan for the **Faculty of Arts and Sciences** will be completed by end July by the facilities planning consultant from USA, M/s. Dober Lidsky Craig Associates. During the last quarter, three architectural firms, approved by the Board of Trustees, were requested to give their proposals for designing the new campus. These proposals were also received last June and are under review for recommending one of the three to the Board in this July's meeting. ■

Worrying is like a rocking chair. Though it keeps you occupied, it leads you nowhere!
J.P. Vaswani

A good leader, it has been said, inspires other people with confidence in the leader, a great leader inspires them with confidence in themselves.
Raymond Dreyfack

Sports Update

Inter Department Badminton Tournament 2003



Winners of the Badminton Tournament

The AKU Faculty & Staff Sports & Recreation Committee, in collaboration with the Sports Centre, organized an Inter Department Badminton Tournament 2003 in the month of March-April 2003.

All faculty, staff, their family members, and volunteers were eligible to participate. The tournament was played on a knockout basis, best of three games. The finals of the Badminton tournament were held on Friday, April 11 and April 19, 2003. Mr. Hakim Ali Khan, Director, Maintenance, gave away prizes to the winners & runner-ups. Approximately 264 participants registered in different events. ■

The winners of the tournaments are as follows:

Men's Single (Senior Group)

Dr. Kamran Hameed (Medicine)

Ladies Single

Ms. Farkhunda Ahmad (ISD)

Men's Single

Mr. Adnan Hyder Jafri (Marketing)

Men's Double

Mr. Adnan Hyder Jafri (Marketing)

Mr. Mohammad Aijazuddin (Resource Development)

Mixed Double

Mr. Adnan Hyder Jafri (Marketing)

Ms. Naz R. Buksh (Cardiac Surgery)

Mr. Jalaluddin Inaugurates AKU Sports Centre Summer Cricket Coaching Camp

Former test cricketer and PCB Regional Academy Cricket Coach, Mr. Jalaluddin, inaugurated the summer cricket coaching camp organized by the AKU Sports Centre on June 10, 2003. On the occasion, he appreciated the efforts of AKU Sports Centre for grooming the young talent at grass root level. He advised the young cricketers to work hard and maintain discipline and learn more and more with the help of this facility. He also paid tribute to veteran cricketer and Coach, Mr. Tahir Hasan, for rendering his services in this coaching camp. Mr. Riaz Akbar Contractor, Manager, Sports Centre officially thanked the Guest of Honour, Mr. Jalaluddin and Assistant Coach, PCB, Mr. Haris Khan, for their kind presence and briefed the audience about the main features of the summer camp. ■

Snooker Tournament – 2003



Winners of the Snooker Tournament

Summer Cricket Coaching

AKU Sports Centre has organized a Summer Cricket Coaching Camp, thrice a week on Tuesday, Wednesday and Thursday from 4:00 p.m. to 7:00 p.m. during the month of June and July, for boys between the age group of 8 to 19 years. A total of 45 boys registered for the camp. The Sports Centre organizes regular cricket coaching for young boys on Friday, Saturday and Sunday from 4 p.m to 7 p.m. ■

Family Step Aerobics

AKU Sports Centre is offering Family Step Aerobics, twice a week and Regular Family Aerobic Classes thrice a week. For details contact Sports Centre Reception 4859-1660. ■

Summer Sensation Packages



Participants of the Summer Sensation Camp

AKU Sports Centre announced its 2nd Summer Sensation Package in the months of June and July, attracting more than 120 children (each in June and July) between the age group of 6 to 15 years to develop their sports skills in a healthy environment. The Summer Camp was held four days a week, Monday

to Thursday. Activities included swimming, Tae-Kwon-Do, basketball, aerobics, squash, volleyball, arts & crafts, table tennis, and badminton. ■

The AKU faculty & staff Sports and Recreation Committee, in collaboration with the Sports Centre, organized a Snooker Tournament in May 2003. A total of 49 participants including 1 female, participated in the tournament. All faculty, staff and their dependents, volunteers and students were eligible to participate. The round matches of the tournament were held on knockout basis, best of three games. The group was divided into 8 pools.

The final match was played on Tuesday, June 3rd, 2003 between Mr. Hussain Alwani of Purchase Department and Mr. Naeem S. Madhani of Sports Centre at the Sports Centre, Billiard Room. It was won by Mr. Hussain Alwani with 3/0 frames. Dr. Abul Faizi, Professor, Psychiatry Department, AKU gave away the prizes to the winners. ■

Tape Ball Cricket Tournament 2003

The much-awaited Inter-Department Tape Ball Cricket Tournament 2003 commenced on Saturday, June 7th, 2003. The tournament was inaugurated by Mr. Habib Peermohamed, Controller Finance. A total of 48 male teams and 4 female teams are participating. The tournament is being played on a knock out basis at the Football Ground. The opening match was played between Clinical Laboratory and Department of Educational Development and was won by the defending champion Clinical Laboratory by eight runs. ■

About Our Greatest Asset

Moving Ahead

Congratulations to the following faculty and staff members for being promoted:

Faculty: Medical College

Dr. Murad Moosa Khan
Associate Professor & Chair, Psychiatry

Dr. Rukhsana W. Zuberi
Professor, Family Medicine

Dr. Shahid Baig
Professor, Medicine

Dr. Akbar Shah Hussainy
Associate Professor, Pathology

Dr. Anita Kaniz Mehdi Zaidi
Associate Professor, Paediatrics

Dr. Fauziah Rabbani Abid
Associate Professor, C H S

Dr. Humera Ahsan
Associate Professor, Radiology

Dr. Muhammad Masood Kadir
Associate Professor, C H S

Dr. Nadir Ali Syed
Associate Professor, Neurology

Dr. Shahnaz Hamid Ibrahim
Associate Professor, Paediatrics

Dr. Tanveer ul Haq
Associate Professor, Radiology

Dr. Uzma Shah
Associate Professor, Paediatrics

Dr. Ayesha Mirza
Assistant Professor, Paediatrics

Dr. Bilal Iqbal
Assistant Professor, C H S

Dr. Marie Andrades
Assistant Professor, Family Medicine

Dr. Muhammad Sohail Salat
Assistant Professor, Paediatrics

Dr. Nadeem F. Zuberi
Assistant Professor, Obstetrics/Gynaecology

Dr. Raheem H. Dhanani
Assistant Professor, Family Medicine

Dr. Abdul Monem
Senior Instructor, Anaesthesiology

Dr. Syed Khalid Ahmad Shah
Senior Instructor, Anaesthesiology

School of Nursing

Dr. Yasmin Amarsi
Dean, School of Nursing & Professor

Staff

Mr. Sikander A. Khadbai
Manager, BioMedical Engineering
Biomedical Engineering Department

Mr. Gulam Karim Sakhi
Manager, Technical
Biomedical Department

Mr. Abdul Sultan Lalani
Manager, Power Plant
Maintenance Division

Ms. Nadira Naheed Ashraf
Coordinator, Education Administration Support
Unit, CHS Department ■

Welcome on Board

List of AKU faculty and senior staff members who joined AKU recently:

Faculty:

ISMC

Dr. Ramin Jahanbegloo
Assistant Professor, Institute for the Study of
Muslim Civilisation

Mr. Farid Panjwani
Senior Instructor, Institute for the Study of Muslim
Civilisations

School of Nursing

Ms. Diana Peter Braganza
Senior Instructor, School of Nursing

Ms. Naomi Mutea
Faculty, Institute for Advanced Nursing Studies

Medical College

Dr. Shemila Abbasi
Instructor, Anaesthesiology

Dr. Shahid Ahmad
Instructor, Anaesthesiology

Staff:

Ms. Razia Raghavi
Coordinator, Planning & Academic Development,
Institute for the Study of Muslim Civilisation
(ISMC)

Ms. Symphrose Ouma
Librarian (Regional), Advanced Nursing Studies
(ANS) ■

Retirement

The management appreciates the following employees contribution and wishes them good health and well-being.

Ms. Dilshad Jahangir Asar, Housemother, Hostel
(School of Nursing) retired in April 2003. She
served the Institution for 17+ years

Mr. Abdul Khaliq, Security Supervisor, Safety &
Security retired in May 2003. He served the
Institution for 20+ years

Mr. Mowla Madad Rajabali, Marble Polisher,
Civil & Grounds (Maintenance) retired in May
2003. He served the Institution for 17+ years

Mr. Toor Khan, Gardener, Landscaping
(Maintenance) retired in May 2003. He served the
Institution for 16+ years

Mr. Abdul Rehman N. Khan, Security
Supervisor, Safety & Security retired in March
2003. He served the Institution for 20+ years ■

New Arrivals

Heartiest congratulations to the following
employees on the birth of their child:

Daughter

Mr. Dennis John Mathews, Bio-Medical
Engineer, Bio-Medical Department &
Ms. Louisa Mathews, Secretary, President's
Office - Pearl Mathews

Mr. Rahim Suleman Khirani, Assistant
Refrigeration & AC Mechanic, MEP: Rehana

Son

Mr. Mohammad Hussain Hirji, Senior
Manager Finance and Administration, AKU-
IED - Hamza

Mr. Faisal Siddiqui, Project Control Engineer,
Planning and Development of Campuses-
Raahim

Dr. Ismail Memon, Instructor III and
Ms. Siddiqa Perveen, Medical Technologist,
Department of Biological & Biomedical
Sciences - Shaahmeer

Mr. Manzoor Ahmed, Senior Administrative
Assistant, Planning & Development of
Campuses - M. Danish Khan. ■

Marriage

- Mr. Mohammad Azeem Warsi, OR
Technician II, married Ms. Nazia on May
17, 2003

- Mr. Aamir Sarwar, OR Technician, married
Ms. Sadaf on February 22, 2003

- Mr. Muhammad Waseem Raza OR
Technician I, married Ms. Rehana on
February 22, 2003

- Mr. Liaquat Masih, OR Technician, married
Ms. Shamim on February 09, 2003

- Mr. Osama Faheem, Systems Programmer,
Information Systems Department, married
Ms. Nazia on May 20, 2003

- Mr. Muhammad Kamran Abrar,
Information Systems Officer, AKU-IED,
married Ms. Uzma on May 17, 2003

- Mr. Tauseef Lateef, Documentation and
Coordination Officer, AKU-IED married
Ms. Uzma Bano, Research Associate, AKU-
IED, on June 6, 2003 ■

Health Watch

Stop smoking – There is no question that if you smoke, stopping will be the very best thing you will ever do for your health. If you fail this time, keep trying!

Eat Sensibly – If you can't be perfect, do as good as you can. Don't just give up on good eating habits because it seems too hard. ■

Honesty in An AKU Employee

This quarter's "applause" goes to the staff members who displayed exemplary honesty and dedication in retrieving and returning valuable items lost by patients, employees and visitors. These items have been either returned to the owners or handed over to the Internal Audit Department.

Housekeeping Department

Mr. Akram Masih
Mr. Akram Masih Allahditta
Mr. Albert Masih
Mr. Asif Masih
Mr. Ejaz Barkat
Mr. Faiz Mushtaq
Mr. Ilyas Kala Masih
Mr. Ishaq Suba Masih
Mr. Javed Arura Masih
Mr. Javed Khokher
Mr. Javeed Noor
Mr. Jawaid Yaqoob
Mr. Kishore Baboo
Mr. Mansha Khushi Masih
Mr. Parkash Khimjee
Mr. Parvaiz Sadiq Gill
Mr. Pervez Anwar
Mr. Pyaray Lal
Mr. Raju Lal
Mr. Ram Anamalya
Mr. Saif Mushtaq Masih
Ms. Seema Bibi
Mr. Shah Faisal
Ms. Shanti Bai Baboo Lal
Mr. Shehzad George Masih
Mr. Sioemmon Masih
Ms. Sosan Majid Masih
Mr. Sultan Anwer
Mr. Wasim Anjum
Mr. Wasim Bashir Gill
Mr. Younus Inayat Masih
Mr. Yousuf Ghori
Mr. Yusuf Jacob Masih
Mr. Zafar Mutullah Masih
Ms. Zaibun Hidayat Masih

Safety & Security Department

Mr. Ghulam Mustafa
Mr. Ramzan A. Habib

Continued from Page 2—AKU Tests its Emergency Plan

All the relevant divisions and departments participated in this mock drill, which was initiated without any prior information to the participating departments. The Emergency Committee, headed by Director General/CEO Hospital, monitored the whole exercise from the Emergency Control Room, which was established in the Senior Administration Conference Room. Several evaluators were appointed in different areas to make observations on the conduct of the drill. Representatives of Regional Nuclear Safety Directorate were also present to monitor this important event.



Emergency meeting in progress

The whole exercise went on very well. The response of various departments and their staff was as per the AKU Emergency Plan and their respective Sub-Plans. There were some observations, which are being collected, collated and analyzed for the review of Emergency Committee after which necessary improvements in the AKU Emergency Management will be made. ■

AKU Secretaries' Forum Celebrates Administrative Professionals' Day 2003

The AKU Secretaries' Forum celebrated the **Administrative Professionals' Day** on April 23, 2003. The celebration initiated with the cake cutting ceremony. The programme included a video on Effective Communications followed by a game show Kisme Kitna Hai Dum. The event was well attended by the secretarial, administrative, and support staff from the Stadium Road as well as the IED Campus.



Mr. Asif Yousufali Sajwani, President of the forum, in his welcome speech, stated that the role and responsibilities of the Secretaries and Personal Assistants are changing at a very fast pace and they are expected to have the knowledge and skills to assist their Managers in various capacities. He thanked the management of AKU for providing this forum as a platform for learning for the secretaries and assistants.

Mr. Asghar-ul-Huda of Training and Organizational Development Department, awarded letters of appreciation and gifts to the outgoing office bearers and all managing committee members of the Forum. Letters of appointment for the term April 2003 - April 2004 were also distributed to the new office bearers and managing committee members.

We wish the new committee, under the leadership of the new President, Mr. Amir Ali Himani, all the best. ■

AKHUWAT Quiz April 2003 (Issue No. 50)

- You are aware that the development work on Clifton Medical Services (CMS) of AKUH is in progress. A suitable Urdu name for Urgent Care Service at CMS should be:
 - Fori Tibbi Sahulat 32%
 - Hangami Tibbi Sahulat 14%
 - Fori Tibbi Nighehdasht 24%
 - Fori Tibbi Imdad 30%
- The first Phlebotomy Centre (Collection Point) of the Clinical Laboratory (AKUH) was established in Clifton.
- The Aga Khan University Institute for the Study of Muslim Civilizations (AKU-ISMC) is located in London.
- The first graduation ceremony of AKU outside of Pakistan was held in Uganda.
- The Volunteer Services Department of AKU was established in the year 1987. ■

Winners of AKHUWAT Quiz

- | | |
|---------------------------|----------------------------------|
| 1. Mr. Akber Notta | Finance |
| 2. Mr. Akber Wazir Ali | Personnel Policies Admin. & Comp |
| 3. Mr. Amir Ali M. Ali | Laundry & Linen |
| 4. Mr. Firdous Rajab Ali | Laundry & Linen |
| 5. Ms. Hina Barkat Ali | Nursing Services |
| 6. Mr. Noordin Charania | Personnel Policies Admin. & Comp |
| 7. Ms. Samira Essani | Personnel Policies Admin. & Comp |
| 8. Mr. Shahid N. Khan | Clinical lab |
| 9. Ms. Shehnaz Ashraf Ali | AKUSON |
| 10. Mr. Tauseef Alam | Laundry & Linen |